Clinician Directory

A Guide of Local Resources for Adolescents and Families

Brought to you by:

The Sussex County School Counselor's Association

Created by:

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Note: Information was provided directly from therapists and counselors who treat adolescents and families. It is not inclusive of all Sussex County providers, only those who replied to request inclusion. Please email jenn@centerforprevention.org with any changes or questions.

Name of Agency- Action Arts Center- Creative Arts Therapy
Clinician Name- Allyn Sitjar
Credentials/Licensures- MA, RDT, LCAT
Address- 43 Main Street, Suite 101, Sparta, NJ 07871
Phone- 201-415-5329 (Cell/Text) 973-726-0695 (Office)
E-mail- Actionartscenter@gmail.com
Website- www.actionartscenter.com
Can you do school risk assessment- No
Insurance coverage-
Is sliding scale available- Yes
Counseling specialty- Trauma, domestic violence, PTSD, Social Anxiety, Depression, Bi-polar, Lack of Impulse Control, Anger Management, Bullying, Conflict Resolution, Peer Communication, Social skills for children and teens with Autism, Aspergers, Individuals looking to develop greater skills and resources to creatively manage life's stresses and challenges.
Are emergency services available- No
How quickly can patients be seen- Within a day
Office hours- Monday-Thursday & Sundays, 10:30 AM- 7:30 PM
Psychiatric affiliate- None
Comments- Action Arts Center specializes in Creative Arts Therapy for children, adolescents, and adults. We offer drama therapy, art therapy, music therapy, movement therapy, play therapy, sand tray therapy, and the use of writing and journaling. We are also certified in Girls Circle/Boys Council workshops.
Action Arts Center also offers Professional Theatre Training Classes.
Creative Arts Therapy involves the intentional use of music, art, movement, or drama within a therapeutic relationship to facilitate growth and healing. Through engagement within creative experiences, people of diverse ages, abilities, cultures, and backgrounds are supported in developing their own creative potential. Expressive pathways are formed through which people can move toward greater health, well-being, and capacities for living a full and meaningful life. Creative Arts Therapists are Board Certified within their own disciplines and are bound by professional codes of ethics. Each discipline has a strong and growing body of research, which informs best practices.

Name of Agency- Advanced Behavioral Counseling of NNJ, LLC
Clinician Name- Deborah Drumm
Credentials/Licensures- APN
Address- 55 Newton- Sparta Road, Suite 104, Newton, NJ 07860
Phone- 973-579-9394
E-mail- abcdebdrumm@yahoo.com
Website- www.deborahdrummapn.com
Can you do school risk assessment- No
Insurance coverage- Medicare: will bill out of network if person has coverage
Is sliding scale available- Call
Counseling specialty- Mood disorders, Bipolar, Depression, Anxiety, etc. Working with ages 18 and up.
Are emergency services available- No
How quickly can patients be seen- Within 1 week
Office hours- T & F, W- evening
Psychiatric affiliate- Atlantic Health- Newton Medical Center. Bridgeway Rehabilitation Services
Comments- Also does aromatherapy and herbal treatments as well as psychopharmacology. I am a Board Certified Advanced Practice Psychiatric-Mental Health Nurse.

Name of Agency- Affiliated Psychotherapists
Clinician Name- Marvin Chartoff
Credentials/Licensures- Licensed Psychologist, Licensed Professional Counselor, Licensed Alcohol and Drug Counselor
Address- 21 Main Street, Sparta, NJ 07871
Phone- 973-729-5535
E-mail- acenterforchange@gmail.com
Website- www.acenterforchange.com
Can you do school risk assessment- No
Insurance coverage-In-Network Provider for all insurance companies including BC/BS, Aetna, Cigna, United Health Care, Optum, QualCare, Multi Plan, ValueOptions, Magellan, and Medicare
Is sliding scale available- Yes
Counseling specialty- Child and Adolescent Counseling, Drug and Alcohol Counseling and Evaluation, Marital and Family Counseling, Parenting Skills Training
Are emergency services available- Yes
How quickly can patients be seen- Within 24 Hours
Office hours- M-F 9 AM- 8 PM, Sat 9 AM- 1 PM
Psychiatric affiliate- None
Comments- As In-Network Providers for most insurance companies, we are committed to providing quality care at the convenience of the client at reasonable fees.

Name of Agency- Alexandra Miller, Live Well Psychology Center, LLC
Clinician Name- Alexandra Miller
Credentials/Licensures- Psy.D. (Psychology), Ed.S. (Marriage and Family Therapy), Clinical Pharmacology Post Doc Masters (Pending)
Address- 48 Woodport Road, Suite 22, Sparta, NJ 07871
Phone- 973-726-5200 Text only-908-399-2773
E-mail- alexandra7777@me.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage- In Network for BCBS and Aetna.
Is sliding scale available- Yes
Counseling specialty- CBT expertise, Family Systems expertise
Are emergency services available- Yes
How quickly can patients be seen- Varies
Office hours- Varies
Psychiatric affiliate- Collaborate with many
Comments- Patients describe me as warm and knowledgeable. I am also a mother of four and a healthy, happy individual. It's a privilege to be working in this wonderful field.

Name of Agency- Andrey Byers, LCSW
Clinician Name- Andrey Byers
Credentials/Licensures- LCSW
Address- 46 Main Street, Suite 401 Sparta, NJ 07871
Phone- 973-726-4809
E-mail- acbyers@embarqmail.com
Website- None
Can you do school risk assessment- No
Insurance coverage- Aetna
Is sliding scale available- Yes
Counseling specialty- Adults, Teens, Marital-Anxiety/Mood/Personality Disorders, School Phobia
Are emergency services available- No
How quickly can patients be seen- Within 2 weeks
Office hours- MW 9 AM- 9 PM, Th 9 AM- 12 PM
Psychiatric affiliate- None
Comments-

Name of Agency- Atlantic Behavioral Health/Newton Medical Center
Clinician Name- Four outpatient therapists treating children and adolescents
Credentials/Licensures- Licensed Psychologists and Licensed Clinical Social Workers
Address- 175 High Street, Newton NJ 07860
Phone- 1-888-247-1400
E-mail- mary.stanley@atlantichealth.org
Website- www.atlantichealth.com/newton
Can you do school risk assessment- Yes
Insurance coverage- All Insurances, Medicaid, Charity Care, Medicare
Is sliding scale available- No
Counseling specialty- Adolescent DBT (Dialectical Behavior Therapy), Voices Group and Cognitive Behavior Therapy
Are emergency services available- Yes
How quickly can patients be seen- Immediately
Office hours- MWF 8 AM- 5 PM T&Th 8 AM- 9 PM.
Psychiatric affiliate- Newton Medical Center
Comments-

Name of Agency- Beth Answorth
Clinician Name- Beth Answorth
Credentials/Licensures- LCSW, Psychotherapist, School Social Worker, Mental Health Screener, Clinical Social Work Supervisor
Address- 46 Main Street, Suite 301, Sparta, NJ 07871
Phone- 973-729-9515
E-mail-
Website-
Can you do school risk assessment- Yes
Insurance coverage- Most commercial insurances accepted, Out-of-Network
Is sliding scale available- Yes
Counseling specialty- Adolescent issues: Harassment, intimidation/bullying, relationship, social skills. Parenting concerns/ family problems/ divorce/ single parenting. Mental health (Post Psychiatric Hospitalization needs; Depression, Anxiety, ADHD, etc) Learning Disabilities/Developmental Disabilities/Asperger's Syndrome, School Behavior Issues. Chronic Medical Illness, Terminal Illness for patient and caregiver; families. Bereavement, grief and ongoing loss. LGBTQ issues
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours-
Psychiatric affiliate-
Comments-

Name of Agency- Highlands Psychological Services LLC
Clinician Name- Bonnie Dirkson
Credentials/Licensures- LPC, NJ School Psychologist, School Guidance Counselor, Early Childhood Certification, Elementary School Certification, Teacher of the Handicapped
Address- 5 Fenwick Road, Augusta, NJ 07822
Phone- 973-715-7671
E-mail- bonniedirkson@embarqmail.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage- Cigna, BC/BS, Aetna, and others
Is sliding scale available- Yes
Counseling specialty- As an LPC, I do counseling in every area except substance abuse, but would consider childhood anxiety a specialty.
Are emergency services available- Yes
How quickly can patients be seen- Within 24 hours
Office hours- Tuesday, Wednesday, Thursday 4 PM- 8 PM
Psychiatric affiliate- Dr. Jain of Highlands Psychiatric
Comments-Small private practice out of home office

Name of Agency-
Clinician Name- Carly Herschman, LSW
Credentials/Licensures- Certified School Social Worker, Licensed Social Worker
Address- 31 Fairmount Avenue, Chester, NJ 07930
Phone- 732-742-0329
E-mail-
Website- www.risasimpsondavis.com
Can you do school risk assessment- Yes
Insurance coverage- Out of Network Provider
Is sliding scale available-
Counseling specialty- Focus on working with children, adolescents and adults with a variety of issues including depression, anxiety, stress and relationship conflicts utilizing a variety of psychotherapeutic approaches to meet client needs.
Are emergency services available-
How quickly can patients be seen- Within 1 week
Office hours- Monday- Friday after 3 PM
Psychiatric affiliate- Works with several psychiatrists
Comments-

Name of Agency- Center for Evaluation and Counseling, Inc (CEC)
Clinician Name- Stephanie Iacopelli
Credentials/Licensures- LPC, ACS
Address- Sussex County- 191 Woodport Road, Suite 209, Sparta, NJ 07871
Phone- 973-512-3700
Address- Morris County- 1719 Route 10 East, Parsippany, NJ 07054
E-mail- Stephanie.iacopelli@centerforeval.org
Website- www.centerforeval.org
Can you do school risk assessment- Yes
Insurance coverage- Program is free
Is sliding scale available- Program is free
Counseling specialty- CEC's CAP program provides free individual and group psychoeducation, along with case management services to "at risk" or court involved adolescents ages 12 to 18 in Sussex and Morris Counties. Psychoeducational groups include Anger Management, Positive Decision Making, Coping Skills, Life Skills, Job Skills, Conflict Resolution and Healthy Choices
Are emergency services available- No
How quickly can patients be seen- Within 3 days
Office hours- M- Th 9 AM- 8 PM, F 9 AM- 5 PM
Psychiatric affiliate- None
Comments-

Name of Agency- Center for Evaluation and Counseling, Inc (CEC)
Clinician Name- Jessica Large, MA, Ed.S, LPC, ACS
Credentials/Licensures- LPC and LCSW mental health professionals on staff
Address- 191 Woodport Road, Suite 209, Sparta, NJ 07871
Phone- 973-512-3700
E-mail- jessica.large@centerforeval.org
Website- www.centerforeval.org
Can you do school risk assessment- Yes
Insurance coverage- Aetna, Cigna, Concern, Horizon Blue Cross/Blue Shield, United Healthcare, ValueOptions
Is sliding scale available- Yes (for private insurance clients and supervised visitation)
Counseling specialty- CEC provides outpatient mental health counseling services for children, adolescents, adults, family and couples. Private insurance clients welcomed. CEC conducts forensic, cognitive, psychosexual, psychological risk, fire setter evaluations and substance abuse assessments. CEC's Therapeutic Supervised Parenting Program (TSPP) provides services to children from birth to age 18 who are caught in the middle of custody/parenting disputes who may be "at risk" of harm by non-custodial parents or where mutual parenting arrangements are not available. Parenting sessions must be court ordered.
Are emergency services available- No
How quickly can patients be seen- Within 5 business days
Office hours- M-Th 9 AM- 8 PM, F 9 AM- 5 PM
Psychiatric affiliate- None
Comments-

Name of Agency- Center for Mindful Change, LLC
Clinician Name- Kathryn A. Griffiths, Laura J. Murray and Caitlin Zarro
Credentials/Licensures- MSW, LCSW, BCD, MSW, LSW, MA, LPC
Address- 124 B. Main Street, Newton NJ 07860
Phone- 973-257-5666
E-mail- Kathryn@centerformindfulchange.com, laura@centerformindfulchange.com, cait@centerformindfulchange.com
Website- www.centerformindfulchange.com
Can you do school risk assessment- Yes
Insurance coverage- In- Network for Medicare, Out-of- Network for other insurance plans
Is sliding scale available-Yes
Counseling specialty- Families, parenting help, children, adolescents, couples, anxiety, depression, trauma, EMDR, hypnosis, weight, substance abuse, LGBTQI issues, performance enhancement, attachment issues, panic disorders.
Are emergency services available- Yes
How quickly can patients be seen- Within 24 Hours
Office hours- Flexible, M-F 8 AM- 9 PM
Psychiatric affiliate- Yes
Comments- The Center for Mindful Change, LLC is dedicated to counseling and coaching other so they can find their path to mindfulness, reflection, recovery and a well-attended life or career.

Name of Agency- Center for Prevention and Counseling
Clinician Name- see below
Credentials/Licensures- see below
Address- 61 Spring Street, Newton NJ 07860
Phone- 973-383-4787
E-mail- rachel@centerforprevention.org
Website- www.centerforprevention.org
Can you do school risk assessment- No
Insurance coverage- Grant funding or Self Pay
Is sliding scale available- Yes
Counseling specialty- Adolescents, Adults, Addiction, Recovery & Co-Occurring Issues
Are emergency services available- No
How quickly can patients be seen- Within 7-10 days
Office hours- Varied, morning, afternoon, & evening appointments available
Psychiatric affiliate- None on staff, will refer out if necessary
Comments- The Center is staffed by a range of professionals who can treat substance use disorders, co-occurring mental health disorders.

1. Rachel Wallace, LCSW, LCADC- Director of Clinical Services
2. Jenn Boyle, LAC Intern
3. Deborah Kopko Vitale, LPC, LCADC Intern
4. Ava LaMorte, CADC
5. Jane Lupo, CADC
6. Vance Mulholland, Counselor Intern
7. Bill Rust, Counselor Intern
8. Kristina Adamson-Thompson, Counselor Intern
9. Natalie Yanoff-Smith, CADC

Name of Agency- Christine Koenig-Webber, LCSW
Clinician Name- Christine Koenig-Webber
Credentials/Licensures- MSW, LCSW
Address- 122 Main Street, Suite 101 Newton, NJ 07860
Phone- 862-377-5072
E-mail- chrissyjkoenig@gmail.com
Website- None
Can you do school risk assessment- No
Insurance coverage- Cigna, Oxford, United Health Care and Out-of Network Benefits
Is sliding scale available- Yes
Counseling specialty- Individual (children, adolescents, and adults) and family therapy in these areas: anxiety, depression, child/adolescent trauma, family conflict, behavioral modification, parenting skills training, social skills training, anger management, peer conflicts, self-esteem issues, divorce issues, self-harm. Therapeutic techniques used include cognitive-behavioral therapy, solution-focused therapy, and play therapy.
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours- Tuesdays, Thursdays and Saturdays
Psychiatric affiliate- None
Comments- I have experienced working with children and families in many settings including schools, non-profit child welfare agencies, outpatient mental health agencies. I try very hard to be flexible with scheduling for busy families, after school, evening and weekend appointments are available.

Name of Agency- Coordinated Treatment Solutions, LLC
Clinician Name- James Cuccio
Credentials/Licensures- Licensed Social Worker
Address- 904 B2- 909 A2 Pompton Avenue, Cedar Grove, NJ 07009
Phone- 973-239-4848
E-mail- coordinatedtreatment@gmail.com
Website- www.facebook.com/CoordinatedTreatment
Can you do school risk assessment- No
Insurance coverage- None
Is sliding scale available- Yes
Counseling specialty- Children and Adolescents
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- M-Th 8:30 AM- 9:30 PM, F 8:30 AM- 5 PM, Sat by appointment
Psychiatric affiliate- Dr. Ellen Platt
Comments- My services are part of the spectrum of psychiatric counseling, and behavioral services offered by Coordinated Treatment Solutions, LLC for children and adolescents with developmental disabilities and mental health disorders.

Name of Agency- Coordinated Treatment Solutions, LLC
Clinician Name- Ellen Platt
Credentials/Licensures- Licensed Physician
Address- 904 B2- 908 A2 Pompton Avenue, Cedar Grove, NJ 07009
Phone- 973-239-4848
E-mail- coordinatedtreatment@gmail.com
Website- www.facebook.com/CoordinatedTreatment
Can you do school risk assessment- Yes
Insurance coverage-Medicare
Is sliding scale available- Yes
Counseling specialty- Psychiatry (child, adolescent, & adult); individual, group, and family psychotherapy
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- M-Th 8:30 AM- 9:30 PM, F 8:30 AM- 5 PM, Sat by appointment
Psychiatric affiliate- Dr. Ellen Platt Psychiatric Services
Comments- My services are part of the psychiatric counseling and behavioral services offered by Coordinated Treatment Solutions, LLC, for children and adolescents with developmental disabilities and mental health disorders.

Name of Agency-
Clinician Name- Debra Koss
Credentials/Licensures- Board Certified Child and Adolescent Psychiatrist
Address- 46 Main Street- Suite 201, Sparta, NJ 07871
Phone- 973-726-4137
E-mail-
Website-
Can you do school risk assessment- Yes, but only for clients currently under my care
Insurance coverage-Out of Network Provider
Is sliding scale available-
Counseling specialty- Board Certified Child and Adolescent Psychiatrist
Are emergency services available- Yes, but only for clients currently under my care
How quickly can patients be seen-
Office hours- Monday- Friday
Psychiatric affiliate-
Comments-

Name of Agency- DJB Counseling
Clinician Name- Dejaye Botkin
Credentials/Licensures- Master of Arts in Counseling Psychology, Licensed Professional Counselor, National Board of Certified Counselors, Mental Health Screener, Certified Mediator, Certified Clinical Supervisor, Certified School Counselor, Certified Stress Management Life Coach, Member of the NJ Association of Professional Mediators, The NJ Counseling Association, Member of the Sparta Chamber of Commerce and Member of the Association of Trauma Professionals
Address- 7 Lenape Road, Andover, NJ 07821
Phone- 203-609-1714
E-mail- familycrisiscounseling@yahoo.com
Website- http://www.familycounselingnj.org
Can you do school risk assessment- Yes
Insurance coverage- Aetna
Is sliding scale available- Yes
Counseling specialty- Family Crisis Intervention and Mediation. I see individuals, couples, and families who are struggling with an identified problem, adjustment, and/or life change that may be causing them distress. I also treat adolescents with poor coping skills and/or self-injury. I counsel parents of children who are struggling from self-injury and/or substance abuse. I offer conflict resolution and mediation services with families and I also do divorce mediation and parenting plans. I also specialize in family reunification and parent coaching. Stress management life coach. Please visit my website for more services available.
Are emergency services available- Yes
How quickly can patients be seen- Within 24 Hours
Office hours- Flexible including one weekend a month
Psychiatric affiliate- Dr. Jenny Blanchard
Comments- I am the founder of Sparta Teen Talk, a group for teens in Sussex County. Sparta Teen Talk is on Saturday's 4:30 – 5:45 PM for adolescents aged 11-18.

Name of Agency- Dominic J. Carbone, PhD/Private Practice
Clinician Name- Dominic J. Carbone, PhD
Credentials/Licensures- Psychologist, Psychotherapist, Cognitive Behavioral, NJ, and PA
Address- 46 Main Street, Suite 401 Sparta, NJ 07871
Phone- 917-544-9361
E-mail- dominicjcarbone@hushmail.com
Website- http://dominicjcarbonephd.vpweb.com
Can you do school risk assessment- Yes
Insurance coverage- Yes
Is sliding scale available- Yes
Counseling specialty- Individuals, Family, Couples, Anxiety, Depression, PTSD, Sexuality, & GLBTQ issues
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours- Thursdays all day
Psychiatric affiliate- None
Comments- I work using CBT, EMDR, & REBT

Name of Agency- Emily Brislin, PsyD
Clinician Name- Emily Brislin, PsyD
Credentials/Licensures- Licensed (NJ and PA) Clinical Psychologist
Address- 350 Sparta Ave, C-8 Sparta, NJ 07871
Phone- 973-975-3641
E-mail- emily.e.brislin@gmail.com
Website- www.dremilybrislin.com
Can you do school risk assessment- No
Insurance coverage- BC/BS PPO, Cigna, United HealthCare, Medicare
Is sliding scale available- No
Counseling specialty- Cognitive Behavioral Therapy with ages 16+ including depression, anxiety, relationship difficulties, academic problems; Neuropsychological evaluations for ages 16+ including ADHD evals and learning disabilities.
Are emergency services available- No
How quickly can patients be seen- Within 2 weeks
Office hours- Tuesday/Thursday by appointment
Psychiatric affiliate- None
Comments-

Name of Agency- Eric S. Herschman
Clinician Name- Eric S. Herschman
Credentials/Licensures- Licensed Psychologist #3085/Certified School Psychologist
Address- 46 Main Street, Suite 201 Sparta, NJ 07871, 2 West Hanover Ave, Suite 203, Randolph, NJ 07869
Phone- 973-983-8321
E-mail- escjeh@optonline.net, drericherschman@gmail.com
Website- www.drericherschman.com
Can you do school risk assessment- Yes
Insurance coverage- None
Is sliding scale available- No
Counseling specialty- Child/Adolescent, ADHD, Parenting/Child Management, Mood Disorders, Depression, Anxiety, Phobia, Asperger's/Autism, ODD, Conduct Disorder, Reactive Attachment Disorder, etc.
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- MWF 2:45 PM- later
Psychiatric affiliate- Yes for children, adolescents, and adults
Comments- Parenting specialist

Name of Agency- Family Intervention Services
Clinician Name- Ingrid Vaca-Bullaro, LPC and Allison Zeis, LCSW
Credentials/Licensures- All clinicians are licensed LSW, LAC, LPC or LCSW
Address- 376 Lafayette Road, Sparta NJ 07871
Phone- 973-940-0105
E-mail- ivaca-bullaro@fisnj.org or azeis@fisnj.org
Website- www.fisnj.org
Can you do school risk assessment- No
Insurance coverage- Yes- Medicaid provider for Families with Children under the age of 18
Is sliding scale available- Yes
Counseling specialty- Children/Family Therapy
Are emergency services available- Yes
How quickly can patients be seen- Within 2 weeks
Office hours- M-F 9 AM- 5 PM, Evening Hours Available and Saturday (limited)
Psychiatric affiliate-
Comments- Sussex County Outpatient Program is open to any child and their family who have Medicaid (NJ Family Care). Services include:

- Assessment & Evaluation
- Individual, Group and Family Therapy
- Psycho Education Services
- Psychiatric Services via APN for Evaluations and Medication Monitoring
- Linkage and follow-up

Name of Agency- First Light Counseling
Clinician Name- Edward Blevins
Credentials/Licensures- LPC
Address- 270 Sparta Avenue, Suite 203, Sparta, NJ 07871
Phone- 908-669-4976
E-mail- edwardcblevins@gmail.com
Website-
Can you do school risk assessment- No
Insurance coverage- Out of Network Benefits
Is sliding scale available- Yes
Counseling specialty- Anger management, social skills development, grief, anxiety, divorce, depression, school avoidance, HIB issues (victim and aggressor), parenting conflicts and substance abuse
Are emergency services available- No
How quickly can patients be seen- Within 48 hours
Office hours- By appointment
Psychiatric affiliate- No
Comments- With 25 years of school experience working with children with special needs and ten years of experience as a clinician at The Center for Prevention and Counseling, I have acquired the skill set needed in working with children and families in unique circumstances. I also understand the specific needs of school personnel working with youth and families in crisis and the difficult combination of discretion and clear communication that is needed as an outside professional working in consultation with them. I believe strongly in the team approach and you will find that my services support and reinforce those being offered by members of your Administration, Guidance Department and Child Study Team.

Name of Agency-Ginnie's House Children's Advocacy Center
Clinician Name- Judy Spinney and Paige Ortega
Credentials/Licensures- Counselors hold- LCSW, RPT-S and LSW
Address- 4 High Street, POB 3156 Newton NJ 07860
Phone- 973-579-0770
E-mail- info@ginnieshouse.org
Website- www.ginnieshouse.org
Can you do school risk assessment- No
Insurance coverage- No fee for services
Is sliding scale available- No fee for services
Counseling specialty- Childhood sexual abuse and trauma
Are emergency services available- Yes
How quickly can patients be seen- Immediately
Office hours- M-F 9 AM- 5 PM
Psychiatric affiliate- None
Comments- Ginnie's House provides free mental health services and medical evaluations when child abuse is suspected, disclosed or reported. We work with a variety of agencies to create a safe and comforting environment for children. We also provide free education in the community for prevention of childhood sexual abuse.

Name of Agency- Hollander Counseling and Consulting, LLC
Clinician Name- Angela Hollander
Credentials/Licensures- MSW, LCSW
Address- Offices in Newton and Mountain Lakes
Phone- 973-519-3369
E-mail- angelahollanderlcsw@gmail.com
Website- www.hollandercounselingandconsulting.com
Can you do school risk assessment- Yes
Insurance coverage- Yes, call to confirm
Is sliding scale available- Yes
Counseling specialty- Adolescents, adults, families, trauma & resiliency, depression, anxiety, mood disorders, personality disorders, life transitions, managing conflict, LGBTQI topics, workplace issues, behavioral manifestations such as self-injury, suicidal ideations, school issues and conduct issues.
Are emergency services available- On occasion
How quickly can patients be seen- Within 2 days
Office hours- Days, Evenings, Some weekends
Psychiatric affiliate- None
Comments- Please call for a free phone consultation

Name of Agency- Howard M. Gooblar, Ph.D.
Clinician Name- Howard M. Gooblar
Credentials/Licensures- NJ Licensed Psychologist
Address- 270 Sparta Avenue, Suite 203 Sparta, NJ 07871
Phone- 973-729-7628
E-mail- h.gooblar@gmail.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage-BC/BS
Is sliding scale available- Yes
Counseling specialty- Parenting
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- M-Th
Psychiatric affiliate- Debra Koss, M.D.
Comments- In private clinical practice in Sparta since 1982 specializing in child psychology, emphasizing parental approach to children's problems. Affiliated with Dr. Debra Koss for child psychiatric care when needed.

Name of Agency- Jeanne Smetana
Clinician Name- Jeanne Smetana
Credentials/Licensures- NJ Licensed Clinical Social Worker, Certified School Social Worker
Address- 46 Main Street, Suite 201, Sparta NJ 07871
Phone- 973-729-9522 ext. 1
E-mail-smetanalcsw@gmail.com
Website- None
Can you do school risk assessment- No
Insurance coverage- Out-of-Network
Is sliding scale available- Yes
Counseling specialty- Children, Adolescents, Families. Full continuum of mental health disorders. Parenting and family problems. Learning disabilities, developmental disabilities, school and behavioral problems. Collaborations with CST, Guidance, and SAC.
Are emergency services available- No
How quickly can patients be seen- Within 2 weeks
Office hours- Mondays and Wednesdays
Psychiatric affiliate- Dr. Debra Koss
Comments-

Name of Agency- Jill Burns, LCSW
Clinician Name- Jill Burns
Credentials/Licensures- LCSW
Address- 529 Route 515, Suite 204 Vernon, NJ 07462
Phone- 973-764-4304
E-mail- jpburns@ptd.net
Website- therapists.psychologytoday.com
Can you do school risk assessment- No
Insurance coverage- Aetna, BC/BS, Concern, Magellan Behavioral Health, AmeriHealth, Cigna, Empire BC/BS, and out of network insurance
Is sliding scale available- Yes
Counseling specialty- I work with children (ages 5 and up), adolescents, and adults dealing with life stressors, stressful relationships, family issues, school issues, work issues, peer relationships, depression, anxiety, anger management, co-dependency, grief/loss.
Are emergency services available- No
How quickly can patients be seen- Within 1 week
Office hours- Day, Evening, and Weekend hours are available
Psychiatric affiliate- None
Comments- I work with children, adolescents and adults in helping them to achieve balance in their lives. In addition to working in the counseling profession for 14+ years, I have a background in the in-home family counseling, domestic violence, and adolescent residential treatment work.

Name of Agency- Judy Spinney
Clinician Name- Judy Spinney
Credentials/Licensures- LCSW, RPT-S
Address- 225 Route 23, Hamburg, NJ 07419
Phone- 973-827-6465
E-mail- jspinney@ptd.net
Website- www.judyspinney.com
Can you do school risk assessment- Yes
Insurance coverage-
Is sliding scale available- Yes
Counseling specialty- Trauma focused CBT for documented sex/child abuse or witness to violence
Are emergency services available- Yes
How quickly can patients be seen- Within 5 days
Office hours- T, F, Sat
Psychiatric affiliate- None
Comments-

Name of Agency- Kris H. Imbrie
Clinician Name- Kris H. Imbrie
Credentials/Licensures- LCSW, DVS
Address- 3 Theater Center, Sparta NJ 07871
Phone- 973-729-3722
E-mail- kipie52@gmail.com
Website- www.healingforchange.vpweb.com
Can you do school risk assessment- No
Insurance coverage- Accept all insurances with Out-of-Network benefits
Is sliding scale available- Yes
Counseling specialty- Children, Adolescents, Trauma, Domestic Violence, EMDR certified Level II, Energy Psychology
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- MWF 11 AM- 7:30 PM, Sat 9 AM- 4 PM
Psychiatric affiliate-
Comments- I specialize in "difficult" students. I believe many students have been effected by traumatic experiences in their lives and are struggling to manage very difficult residual dysregulated feelings in their bodies. My approach is 3 pronged: #1 Traumatic resolution work, #2 Body Awareness, #3 Developing a personal "Toolkit" to handle those difficult feelings. These methods may help to avoid the pitfall of the psychiatric diagnosis and medication cycle. This work is especially important for young people who might tend to use substances, cutting, sexual acting out etc.... to deal with their overwhelming feelings. Empowering them now with effective tools can help give them a leg up to a healthy, productive and satisfying future.

Name of Agency-
Clinician Name- Kristy Lavin
Credentials/Licensures- LCSW
Address- 529 Route 515, Suite 204 Vernon, NJ 07462
Phone- 973-250-2367
E-mail- klavintherapy@yahoo.com
Website- www.psychassocnj.com
Can you do school risk assessment-
Insurance coverage- Aetna and Horizon Blue Cross/Blue Shield-PPO
Is sliding scale available- Yes
Counseling specialty- Child/adolescent, Family, Abuse, Trauma, Post-traumatic stress and Substance abuse in families
Are emergency services available- No
How quickly can patients be seen-
Office hours-
Psychiatric affiliate-
Comments-

Name of Agency- Lauren Cardinale
Clinician Name- Lauren Cardinale
Credentials/Licensures- CH, CPC
Address- 51 Route 206, Suite 101 Newton, NJ 07860
Phone- 973-418-2170
E-mail- lauren@laurencardinale.com
Website- www.laurencardinale.com
Can you do school risk assessment- No
Insurance coverage- No
Is sliding scale available- Yes
Counseling specialty- Hypnosis
Are emergency services available- No
How quickly can patients be seen- Within 48 Hours
Office hours- By appointment
Psychiatric affiliate- None
Comments- All hypnosis is self hypnosis. It is a relaxed, focused state of concentration. It can be the one, most important tool to change the way a mind experiences the world. In fact, hypnosis is the most powerful self-help system known to humanity. It is fast, easy and effective. It has been extensively studied and is used worldwide.

Name of Agency- Leslie B. Malnak
Clinician Name- Leslie B. Malnak
Credentials/Licensures- MSW, LCSW, LCADC
Address- 67 Route 15 South, Lafayette, NJ 07848
Phone-973-586-2548
E-mail- lesliemalnak@gmail.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage- Out of Network only
Is sliding scale available- Yes
Counseling specialty- Adolescents, Substance abuse, Family
Are emergency services available- Yes
How quickly can patients be seen- Within 3 days
Office hours- During the school year M, W, Th, F afterschool and Sat mornings. Flexible in summer
Psychiatric affiliate- None
Comments- I have the ability to do urine testing. I have a number of self-harm clients. I do not work with eating disorders. I am also available to speak/do trainings on substance abuse, parenting, self-care and other topics.

Name of Agency- Live Well Psychology Center, LLC
Clinician Name- Brittany A. Overland
Credentials/Licensures- MA, LAC, NCC, SAC
Address- 48 Woodport Road, Suite 22, Sparta, NJ 07871
Phone- 973-726-5200
E-mail- boverland314@gmail.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage- BCBS and Aetna
Is sliding scale available- Yes
Counseling specialty- Addiction Treatment, Addiction Prevention, At-Risk Youth, CBT, some Family Systems
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours- Flexible, M-S
Psychiatric affiliate- Yes
Comments- My aim is to better help individuals take control of their lives and apply the skills and/or coping mechanisms that will be learned within a structured environment into the real world so they can excel within all aspects of their lives.

Name of Agency- Sapphire Counseling, LLC
Clinician Name- Lois Ferguson
Credentials/Licensures- Licensed Professional Counselor, Disaster Response Crisis Counselor
Address- 10 Poplar Tree Lane, Sparta, NJ 07871
Phone- 973-534-9807
E-mail- sapphirecounseling@outlook.com
Website- profile available on psychologytoday.com
Can you do school risk assessment- Yes
Insurance coverage- In-Network with Cigna. Out-of-Network with Blue Cross/Blue Shield and Aetna. I will also work with clients eligible for Victims of Crime Compensation Office funding.
Is sliding scale available- No
Counseling specialty- Crisis intervention, Trauma treatment, Crime victims, Anxiety, Depression
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- Hours vary and are flexible
Psychiatric affiliate- None. Referrals will be provided to clients in need.
Comments- I work with both adults and children ages 5+

Name of Agency- Mark Imbrie
Clinician Name- Mark Imbrie
Credentials/Licensures- Psy.D.
Address- 288 Newton Sparta Road, Newton, NJ 07860
Phone- 973-579-4934
E-mail- mark@originalskateboards.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage- Yes, call to check coverage
Is sliding scale available- Yes
Counseling specialty- I enjoy working with families, older children and teenagers, serious psychiatric challenges, trauma
Are emergency services available- Yes
How quickly can patients be seen- Within 2 weeks
Office hours- T- Sat. Some evenings
Psychiatric affiliate- None
Comments-

Name of Agency- Mark Littman, MA
Clinician Name- Mark Littman
Credentials/Licensures- Licensed Professional Counselor (LPC)
Address- 952 Mt. Benevolence Road, Newton NJ 07860
Phone- 973-300-5338, 973-632-6617
E-mail- marklittman1@gmail.com
Website- www.marklittman.com
Can you do school risk assessment- Yes
Insurance coverage- Aetna, Cigna, Out-of-Network, EAP
Is sliding scale available- Determined on a case by case basis
Counseling specialty- Adolescent, Family, Parenting, Couples, Mid-Life Crisis, Pet Therapy and Hypnosis
Are emergency services available- No
How quickly can patients be seen- Usually within 2 days
Office hours- M-Th 9 AM- 8 PM
Psychiatric affiliate- Referral to local psychiatrists as needed
Comments- Please visit www.marklittman for detailed information about my practice.

Name of Agency-Mindful Living Counseling Services, LLC
Clinician Name- Mary Helen Kellam
Credentials/Licensures- NBCC, LPC
Address- 17 Woodport Road, Suite 2D, Sparta, NJ 07871
Phone- 201-317-4539
E-mail- mindful.living.counselor@gmail.com
Website- www.mindfullivingcounselingservicesnj.com
Can you do school risk assessment- No
Insurance coverage- Cigna, Qualcare, United Health and Out of Network for other insurances
Is sliding scale available- Yes
Counseling specialty- Self injury, suicide prevention, anxiety, depression, grief/loss, couples counseling, adults and adolescents. I am Trauma, CBT and DBT informed.
Are emergency services available- Yes
How quickly can patients be seen- Within a few hours
Office hours- By appointment every day of the week except Saturday and Sunday
Psychiatric affiliate- None
Comments- I have approximately 17 years of experience in the field of counseling. I have worked as a High School Counselors for 13 years along with having experience working with students with disabilities at the community college level and have previous agency counseling experience as well.

Name of Agency- MJC Institute
Clinician Name-
Credentials/Licensures-
Address- 190 Main Street, Ogdensburg, NJ 07439
Phone- 973-827-1646
E-mail- mjcphd@earthlink.net
Website- None
Can you do school risk assessment- Yes
Insurance coverage- Yes
Is sliding scale available- Yes
Counseling specialty- Children, Adolescents, and Adults
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours- M-Sat Morning, Afternoon, and Evening hours available
Psychiatric affiliate- None
Comments-

1. Deborah Arundel, LCSW
2. Brooke Kennedy Cashion, LPC- leabrooke@hotmail.com
3. Margaret J. Castagna, LPC
4. Sara Mendez Emma, LCSW- sara23@hotmail.com
5. Jane Esposito, LPC, Licensed school psychologist- dr.janeesposito@gmail.com
6. Susan Prager, LPC

Name of Agency-Meaningful Living, LLC
Clinician Name- Monica Camarate
Credentials/Licensures- Licensed Professional Counselor and National Certified Counselor
Address- 10 Poplar Tree Lane, Sparta NJ 07871
Phone- 973-670-6145
E-mail- mmbcam@yahoo.com
Website- psychologytoday.com Find a Therapist listing
Can you do school risk assessment- No
Insurance coverage- Aetna, Cigna, BC/BS, Magellan, Concern EAP
Is sliding scale available- Yes
Counseling specialty- Preschool aged children to adolescents and adults. Couples and families. Experience with attachment related problems, behavioral problems, anxiety, social issues, parenting, at risk youth.
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours- M-F 8 AM – 8 PM
Psychiatric affiliate- None
Comments- Certified in Adoption Counseling from Rutgers University and Certificate in Trauma- Focused Cognitive Behavioral Therapy from the FIS Training Institute.

Name of Agency- NewBridge Counseling
Clinician Name- See description below
Credentials/Licensures- LCSW, LPC, LSW, APN
Address- 70 Sparta Avenue, Sparta, NJ 07871
Phone- 973-316-9333
E-mail- services@newbridge.org
Website- www.newbridge.org
Can you do school risk assessment- No
Insurance coverage- Most insurances accepted, including NJ FamilyCare and Medicare
Is sliding scale available- Yes
Counseling specialty- Children, adolescents, adults and seniors. Focus on mental health and co-occurring disorders; individual, family, group, psychiatric services; trauma-focused, wellness and recovery; and medication monitoring.
Are emergency services available- Yes, through the after-hours call system
How quickly can patients be seen- 7- 21 days
Office hours- M-Th 9 AM – 9 PM, F 9 AM – 5 PM. Weekends by appointment
Psychiatric affiliate- APN on staff for adults; NewBridge child/adolescent psychiatrist available for consults.
Comments- Access to services is through the NewBridge Access Department (phone number above). A specialist speaks with each person seeking assistance to understand their immediate need, and to connect them with a clinician to arrange the initial meeting. NewBridge Counseling in Sparta is staffed by four clinicians who hold credentials in the mental health and addictions fields, and one psychiatric advanced practice nurse.

Name of Agency-Newton Medical Center- Psychiatric Emergency Services
Clinician Name- Jim McGrath
Credentials/Licensures- M.Ed, NCC
Address- 175 High Street, Newton NJ 07860
Phone- 973-383-0973
E-mail- jmcgrath@nmhnj.org
Website- None
Can you do school risk assessment- Yes
Insurance coverage- Yes
Is sliding scale available- Yes
Counseling specialty- Psychiatric Emergency Risk Assessment
Are emergency services available- Yes
How quickly can patients be seen- Immediately
Office hours- 24 Hours
Psychiatric affiliate- On staff
Comments-

Name of Agency- North Jersey Counseling Associates, LLC
Clinician Name- Deborah Kopko Vitale, MS, PhD, HS-BCP, BCC, MFT, NCC, LPC
Credentials/Licensures- Licensed Professional Counselor, Marriage and Family Therapist, Addiction Counselor
Address- 804 Rt. 517, Glenwood, NJ 07418
Phone- 973-764-8845
E-mail-
Website- northjerseycounseling.com
Can you do school risk assessment- Yes
Insurance coverage- Blue Cross Blue Shield, Cigna, Multiplan
Is sliding scale available- Yes
Counseling specialty- Individual, Couple and Family Therapy, Mental Health, Trauma and Co-Occurring
Are emergency services available- No
How quickly can patients be seen- Within 1 week
Office hours- Call for appointment
Psychiatric affiliate- Referrals are made to Newbridge Services, Newton Mental Health and Debra Drumm, APN
Comments-

Name of Agency- Paul Rockwood, Ph.D
Clinician Name- Paul Rockwood
Credentials/Licensures- Ph.D, LCSW, LMFT
Address- 350 Sparta Ave. C-8, Sparta, NJ 07871
Phone- 973-729-1966
E-mail- prockwo@gmail.com
Website- www.drpaulrockwood.com
Can you do school risk assessment- Yes. I worked on CST and as a Crisis Counselor for many years in the school setting
Insurance coverage- I am on numerous panels
Is sliding scale available- Yes
Counseling specialty- Adolescents exhibiting behavior problems, substance abuse, Asperger symptoms, social skills issues, and IEP-504 issues: Marriage and Family Therapy
Are emergency services available- Can be called or texted 24/7
How quickly can patients be seen- Patients can be seen within 24 hours or same day, if necessary
Office hours- Monday- Thursday 12PM- 9 PM
Psychiatric affiliate- D. Drumm, J. Blanchard, and L. Suckno
Comments- I have been working with children, adolescents and families all my career in the public school setting, mental health settings and in my private practice. I utilize principals of Cognitive, Reality and Family Systems therapy.

Name of Agency- Psychological Associates of Northern NJ, LLC
Clinician Name- Jamie Walsh, Roberta Fallig
Credentials/Licensures- Staff members are licensed and permitted psychologists, clinical social workers, school psychologists, testing specialists, drug and alcohol counselors, etc
Address- 39 B Newton/Sparta Road, Andover Twp., NJ 07860,
254 B Mountain Avenue, Suite 202 Hackettstown, NJ 07840
Phone- 908-979-1144 ext. 24
E-mail- jwalshmsw@gmail.com
Website-www.psychassocnj.com
Can you do school risk assessment- No
Insurance coverage- Yes
Is sliding scale available- Yes
Counseling specialty- The practice addresses a wide variety of issues and serves all age groups. The contact person will be able to guide clients to a therapist that would best fit their needs.
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours-
Psychiatric affiliate-
Comments-

Name of Agency- Psychological Associates of Northern NJ, LLC
Clinician Name- Gia N. Leo
Credentials/Licensures- LCSW, LCADC
Address- 39 B Newton-Sparta Road, Newton, NJ 07860,
Phone- 862-268-3101
E-mail- gianicole20@gmail.com
Website-www.psychassocnj.com
Can you do school risk assessment- Yes
Insurance coverage- BCBS (PPO), Aetna, Optum (UBH/Oxford)
Is sliding scale available- Yes
Counseling specialty- Substance Use Evaluations, Drug Screening, Depression, Anxiety, School Phobia, Anger Management, Impulse Control, ADHD, Self-Harm Behaviors
Are emergency services available- Yes
How quickly can patients be seen- Within 24-48 Hours
Office hours- M-F 10 AM- 9 PM, Sat by appointment only
Psychiatric affiliate-Will refer to psychiatrist based on symptoms, youth's age and insurance needs
Comments- I do not work with children under the age of nine.

Name of Agency-
Clinician Name- Rosemary A. Menger, LPC, LCADC
Credentials/Licensures- LPC, LCADC
Address- 21 Main Street, Sparta NJ 07871
Phone- 908-852-1324 (Office), 973-903-9483 (Cell)
E-mail- rmenger@centurylink.net
Website-
Can you do school risk assessment- Yes
Insurance coverage- Yes
Is sliding scale available- Yes
Counseling specialty- Counseling- children, adolescents, adults, marital therapy
Are emergency services available- Yes
How quickly can patients be seen- Within 24-48 Hours
Office hours- M-F 9 AM- 6 PM, Saturday 9 AM- 2:30 PM
Psychiatric affiliate- I have several I will refer to if necessary
Comments-

Name of Agency- Highland Psychiatric Associates and J&J Healthcare
Clinician Name- Sanjeevani Jain
Credentials/Licensures- MD
Address- 70 Sparta Avenue, Suite 206-208, Sparta, NJ 07871, and 1575 Route 517, Building B, Suite 300 Hackettstown, NJ 07840
Phone- 973-729-2991- Sparta 908-852-4084- Hackettstown
E-mail- highlandclinic@embarqmail.com and jjjhealthcare@gmail.com
Website- None
Can you do school risk assessment- Yes
Insurance coverage- QualCare, Atlantic Health and Barnabas Health Plan
Is sliding scale available- No
Counseling specialty- Psychiatric evaluation, diagnosis, and medication management, ADHD testing. Children, adolescents, and adults
Are emergency services available- Yes
How quickly can patients be seen- Within 24 Hours
Office hours- M-F Morning, Afternoon, and Evening appointments available
Psychiatric affiliate- Newton Medical Center
Comments-

Name of Agency- Shirley de Knegt-Kuzik
Clinician Name- Shirley de Knegt-Kuzik
Credentials/Licensures- LCSW, LCADC
Address- 46 Main Street, Suite 301 Sparta, NJ 07871
Phone- 973-945-1322
E-mail- sdeknegtkuzik@yahoo.com
Website- None
Can you do school risk assessment- No
Insurance coverage- Yes, most insurances accepted
Is sliding scale available- Yes
Counseling specialty- Mental health/Substance abuse
Are emergency services available- Yes
How quickly can patients be seen- Within 2 days
Office hours- T-Th 9 AM- 9 PM
Psychiatric affiliate- None
Comments-

Name of Agency- St. Clare's Hospital
Clinician Name- Nina Kooper
Credentials/Licensures- MA, CSW Operations Manager Behavioral Health Evaluation and Referral Services and Case Management Departments
Address- 130 Powerville Road, Boonton, NJ 07005
Phone- 973-316-1977
E-mail- ninakooper@saintclares.org
Website- www.saintclares.org
Can you do school risk assessment- Yes
Insurance coverage- Yes
Is sliding scale available- No
Counseling specialty- Intakes for children through geriatric population
Are emergency services available- Yes
How quickly can patients be seen- Within 24 Hours
Office hours- M- F 8 AM- 8 PM
Psychiatric affiliate- On Staff
Comments- Please contact 888-626-2111 for appointments

Name of Agency-Strength for Change, LLC
Clinician Name- Paul DePinto and Bernie Ivin
Credentials/Licensures- LCSW, LPC
Address- 22 Howard Blvd. Suite 101, Mount Arlington, NJ 07856
Phone- 973-770-7600
E-mail- strengthforchange@verizon.net
Website- www.strengthforchange.com
Can you do school risk assessment- Yes
Insurance coverage- Out-of-Network
Is sliding scale available- No
Counseling specialty- Adolescents and Adults struggling with a wide array of life difficulties including depression, anxiety, substance abuse, ADHD/ODD and personality issues.
Are emergency services available- No
How quickly can patients be seen- Within 7 days
Office hours- M-F 9 AM- 10 PM, weekend appointments available
Psychiatric affiliate- Katherine Feingold, Lee Suckno, Bruce Friedma, and Salvatore Moreno
Comments- Please visit our website for detailed information on clinicians and services.

Name of Agency- Summit Behavioral Health (Formerly Treatment Dynamics)
Clinician Name- Nelson Hadler, LCSW, LCADC, CCS
Credentials/Licensures- All of our clinicians are masters level and most are dually licensed.
Address- 256 Columbia Turnpike, Suite 100 N, Florham Park, NJ 07932
Phone- 973-593-0090
E-mail- nelsonhadler@summithelps.com
Website- summitbehavioralhealth.com
Can you do school risk assessment- No
Insurance coverage-
Is sliding scale available- Possibly
Counseling specialty- Substance abuse, adolescents, co-occurring disorder, multiple levels of care
Are emergency services available- No
How quickly can patients be seen- Within 5 days
Office hours- M-F 9 AM -9 PM
Psychiatric affiliate- David Goldbloom
Comments- Adult and adolescent treatment. Full continuum of care, individual, family, IOP, PHP, on site psychiatrist. Transportation available for adolescents.

Name of Agency-
Clinician Name- Dr. Susan Herschman
Credentials/Licensures- Licensed Psychologist and Certified School Psychologist
Address- 2 West Hanover Avenue, Suite 203, Randolph, NJ 07869
Phone- 973-983-8321 Fax- 973-983-2680
E-mail- susanherschman@gmail.com
Website-
Can you do school risk assessment- Yes
Insurance coverage-Out of Network Provider
Is sliding scale available- No
Counseling specialty- Conducts psychological testing, individual, couple and family psychotherapy. Specializes in work with children, adolescents and parenting/child management. Works with anxiety, depression, stress, school refusal/avoidance, anger, mood disorders, gender issues and family conflict.
Are emergency services available- Yes
How quickly can patients be seen- Within 1 week
Office hours- Monday, Tuesday, Wednesday and Friday after 3 PM
Psychiatric affiliate- Works with several psychiatrists
Comments-

Name of Agency- Sussex County Child and Family Counseling
Clinician Name- Charles J. Carroll
Credentials/Licensures- LCSW
Address- 101 Main Street, Suite 1 Sparta, NJ 07871
Phone- 973-729-6333
E-mail- cjcarrolljr@yahoo.com
Website- None
Can you do school risk assessment- No
Insurance coverage- Aetna, Cigna, Horizon BlueCard, ValueOptions, others
Is sliding scale available- Yes
Counseling specialty- ADHD, anxiety, depression, social skills development
Are emergency services available- No
How quickly can patients be seen- Within 2 days
Office hours- M-F 9 AM- 9 PM, Sat 8 AM- 2 PM
Psychiatric affiliate- None
Comments- Stand up! Social skills development for boys program designed in part to address issue of peer-to-peer bullying in schools. Since 2002 well over 100 boys have participated with consistently positive feedback from parents, school personnel and the boys themselves.

Name of Agency- The Family Center for Behavioral Health
Clinician Name- Bob DeYoung
Credentials/Licensures- Ph.D.
Address- 311 Pennsylvania Ave, Matamoras PA 18336
Phone- 570-491-4117
E-mail-
Website- www.drbobdeyoung.com
Can you do school risk assessment- Yes
Insurance coverage-
Is sliding scale available- Yes
Counseling specialty- Anxiety/Depression, Addictions, Trauma, Families/Marriage
Are emergency services available-
How quickly can patients be seen-
Office hours- M-F 9 AM-8 PM, Sat 8 AM- 2 PM
Psychiatric affiliate- None
Comments-

Name of Agency- Tree House Therapy Services, LLC
Clinician Name- Gina Adone, PsyD and Jessica Platt, PhD
Credentials/Licensures- Licensed Clinical Psychologists
Address- 225 Route 23 North, Hamburg NJ and 50 Wilson Drive, Sparta NJ
Phone- 973-864-2800
E-mail- gmlamana@yahoo.com
Website- www.treehousetherapy.org
Can you do school risk assessment- Yes
Insurance coverage- Medicaid for children only, rest are Out of Network
Is sliding scale available- Yes
Counseling specialty- Children and families, trauma and women's health
Are emergency services available- Varies
How quickly can patients be seen- Varies
Office hours- Varies
Psychiatric affiliate- None
Comments-

Name of Agency- True Colors for Creative Therapy LLC
Clinician Name- Jennifer Whitlock
Credentials/Licensures- MA, LPC, ACS
Address- 93 Main Street, Newton NJ 07860
Phone- 973-222-3750
E-mail- jen@jenwhitlock.com
Website- www.jenwhitlock.com
Can you do school risk assessment- Yes
Insurance coverage- Aetna, MHN, Value Options, Horizon BC/BS, and QualCare
Is sliding scale available- Yes
Counseling specialty- Teenagers, Gender Variant, and LGBT youth. True Colors Center for Creative Therapy provides expressive therapies, such as art therapy, psychodrama and play therapy.
Are emergency services available- Yes
How quickly can patients be seen- Within 1 day
Office hours- M-F 11 AM- 9PM, Sat 11 AM- 2 PM, Other times available upon request
Psychiatric affiliate- None
Comments- Currently offering groups for Gender Variant and Transgender youth and a separate group for their parents; Social Confidence for teen girls (for social anxiety issues) and for Parents of Teens. Contact me for details.

Name of Agency-Vernon Counseling Services
Clinician Name- Patricia DeCoste
Credentials/Licensures- LPC, LCADC
Address- 529 Route 515, Suite 204, Vernon, NJ 07462
Phone- 973-557-6242
E-mail- patdecoste@gmail.com
Website- None
Can you do school risk assessment- No
Insurance coverage- We take insurance or self-pay
Is sliding scale available- Yes
Counseling specialty- Adolescents, Adults, Families. Mental health issues including depression, anxiety, OCD, trauma, self-injury, school refusal, substance abuse issues including evaluations and co-dependency issues. EMDR certified.
Are emergency services available- No
How quickly can patients be seen-
Office hours-
Psychiatric affiliate-
Comments-

Name of Agency-Vernon Counseling Services
Clinician Name- Lois Reinhardt
Credentials/Licensures- RN, LPC/NCC
Address- 529 Route 515, Suite 204 Vernon, NJ 07462
Phone- 973-764-5000 ext. 1
E-mail- lrein@ptd.net
Website- None
Can you do school risk assessment- Yes
Insurance coverage- All major insurances
Is sliding scale available- Yes
Counseling specialty- Family therapy, individual child and adult therapy, EMDR
Are emergency services available- Yes
How quickly can patients be seen- Within 7 days
Office hours- M-F 9 AM- 9 PM, Sat on request
Psychiatric affiliate- Yes
Comments-

Sussex County Resource Numbers
For Adolescent Substance Abuse Treatment

Ambulance/Police/Overdose	911
Helpline (NJ Residents)	211
ALCOHOL HOTLINE: AA & Alanon meetings statewide (24 hours)	800-238-2333
Al-Anon/Alateen Information Service of Northern NJ	973-744-8686
Capitol Care	973-426-1440
Carrier Clinic (detox/in-patient)	800-933-3579
Children's Mobile Response (Crisis)	1-877-652-2873
Center for Prevention and Counseling	973-383-4787
(For Evaluations/Referral/Counseling/Drug Screens)	
DAYTOP Adolescent Services- Mendham, NJ (in and out-patient)	973-543-5656
Hackettstown Community Hospital (adolescent/adult services)	908-850-6810
High Focus, Parsippany, NJ (adolescent/adult services)	800-877-3628
Lighthouse (in-patient, adolescent)	800-852-8851
Narcotics Anonymous	800-992-0401
National Help Lines	800-662-HELP (4357)
New Bridge Services (adolescent/adults services)	888-746-9333
New Life Recovery of West Milford (adolescent)	973-728-7788
Newton Medical Center Behavioral Health (adolescent/adult services)	973-383-1533
Newton Psychiatric Emergency Services	973-383-0973
St. Clare's (adolescent, alcohol/chemical dependency)	888-626-2111 or/973-316-1889
Summit Oaks (adolescent in-patient)	800-753-5223/908-522-7071
Sunrise House	973-383-6300
Sussex County Division of Community and Youth Services	973-940-5200 ext. 1383
Sussex County Narcotic Task Force	973-948-2345
Sussex County CLEAR (Community Law Enforcement Addiction Recovery, 18 yrs.+)	1-844-SC-CLEAR
Tough Love (P.U.R.E.—Parents Universal Resource Experts)	954-260-0805
Treatment Dynamics (adolescent out-patient)	973-940-7306
White Deer Run- Allenwood, PA (adolescent program)	800-255-2335

Sussex County Coalition for Healthy & Safe Communities
A program of the Center for Prevention and Counseling, 61 Spring St., Newton, NJ 07860
973-383-4787; info@centerforprevention.org; www.centerforprevention.org