# HUMAN SERVICES



# **RESOURCE GUIDE**

Published By The Sussex County Human Services Advisory Council

In Conjunction With The Sussex County Department of Health and Human Services Sussex County Administrative Center One Spring Street, 2<sup>nd</sup> Floor Newton, New Jersey 07860 973-579-0559 ext. 1227

> humanservices@sussex.nj.us http://www.sussex.nj.us

> > Published 2021

### TABLE OF CONTENTS

CHILD RESOURCES	Pages 1 - 18
Physical Health Services	Pages 1 - 3
Mental Health Services	Pages 4 - 7
Other Services	Pages 8 - 9
Protective Services	Page 10
Substance Abuse Services	Pages 11 - 13
Wellness Services	Pages 14 -18
FOOD	Pages 19 - 24
Food Assistance	Pages 19 - 20
Food Pantries and Served Meals	Pages 21 - 24
HEALTH SERVICES	Pages 25 - 39
Physical Health Services	Pages 25 - 29
Mental Health Services	Pages 30 - 32
Substance Abuse Services	Pages 33 - 35
Wellness Services	Pages 36 - 39
HOUSING AND HOUSING ASSISTANCE	Pages 40 - 44
OTHER SERVICES	Pages 45 - 52
Case Management Services	Page 45
Domestic Violence Services	Page 46
Education and Employment Services	Pages 47 - 48
Legal Assistance	Page 49
Information and Referral Services	Page 50
Volunteer Opportunities	Pages 51 - 52

#### TRANSPORTATION

Pages 53 - 54

#### **PHYSICAL HEALTH SERVICES**

Agency Contact Information	Programs and Services
PerformCare 24 hours a day, seven days a week 877-652-7624 www.performcarenj.org	PerformCare New Jersey utilizes significant expertise and integrated technologies to register, authorize, and coordinate services for children, youth, and young adults who are experiencing emotional and behavioral challenges, are impacted by substance use treatment needs, or have an intellectual/developmental disability.
Project Self-Sufficiency 127 Mill Street Newton, NJ 07860 973-940-3500 844-877-3500 www.projectselfsufficiency.org	Project Self-Sufficiency provides three home visitation programs in Sussex County including Nurse Family Partnership, Healthy Families and Parents as Teachers. These evidence-based programs support prenatal families and families of children up to the age of 5 with a focus on optimal maternal and child health including but not limited to: linkage to prenatal care, developmental milestone tracking, school readiness, parent advocacy and information and referral. Families can access these programs by contacting Project Self-Sufficiency's Central Intake – 1-844-877- 3500 or 973-940-3500.
Sussex County Division of Social	New Jersey Family Care (NJFC) (Medicaid)
Services 83 Spring Street, Suite 203 Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	NJFC assists qualified individuals and families with free or low-cost health insurance. There are also a number of special programs designed to meet the specific medical needs of certain groups of people who would not otherwise qualify for NJFC. Applications can be completed online at <u>http://www.njfamilycare.org</u> . If you are not able to complete the application online or need additional assistance, please contact the Division of Social Services.

#### **PHYSICAL HEALTH SERVICES**

Agency Contact Information

#### **Programs and Services**

Sussex County Public Health Nursing 201 Wheatsworth Road Hardyston, NJ 07419 973-579-0570 www.sussex.nj.us/health Free physical exams and vaccines for children 5 years old and younger.

Sussex County Special Child Health Sussex County Special Child Health Services assists Services families with children who have special needs from 201 Wheatsworth Road birth to age 22 at no charge. Case managers review Hardyston, NJ 07419 the family and child's needs and assist with medical, (973) 948-5239 ext. 1361 developmental, educational, social, financial and Fax: 973-948-2270 rehabilitative needs. www.sussex.nj.us hoshea@sussex.nj.us Women, Infants, Children (WIC) provides free **NORWESCAP WIC** 973-579-5155 nutritious food, health education and referrals to health and social services for pregnant and postwww.norwescap.org partum women, infants and children up to their 5th

SCARCThe vision of SCARC is a community of respect,<br/>equality, and dignity for people of all abilities. The<br/>mission of SCARC is to provide high quality service and<br/>supports to people with developmental disabilities<br/>and their families in Sussex CountySCARCSuite 1004ugusta, NJ 07822mission of SCARC is to provide high quality service and<br/>supports to people with developmental disabilities<br/>and their families in Sussex County

birthday.

#### **PHYSICAL HEALTH SERVICES**

Agency Contact Information	Programs and Services
School Based Youth Services	School Based Youth Services, known as "The Student
Sussex County Technical School	Center" has been providing the students of Sussex
105 North Church Road	County Technical High School mental health
Sparta, NJ 07871	counseling services since 1988. In addition, The
973-383-6700 ext. 329	Student Center collaborates with a Mobile Dental
	Clinic and a Mobile Optical Clinic. This program serves
	current Sussex Tech students <i>only</i> and is not available

to the general Sussex County community

**MENTAL HEALTH SERVICES** 

Agency Contact Information	Programs and Services
PerformCare	PerformCare New Jersey utilizes significant expertise
24 hours a day, seven days a week	and integrated technologies to register, authorize, and
877-652-7624	coordinate services for children, youth, and young
www.performcarenj.org	adults who are experiencing emotional and behavioral
	challenges, are impacted by substance use treatment
	needs, or have an intellectual/developmental
	disability.
Center for Evaluation and	CEC's Comprehensive Adolescent Program (CAP)
Counseling	provides free individual and group psychoeducation,
191 Woodport Rd Suite 209	along with case management services to at-risk or
Sparta, NJ 07871	court-involved youth ages 12-18. Groups include
Tele: 973-512-3700	anger management, positive decision making, coping
Fax: 973-512-3701	skills, life skills, job skills, conflict resolution and
	healthy choices.
www.centerforeval.org	nearthy choices.
Family Intervention Services a	Outpatient Program provides support to families by
Division of Center for Family	providing comprehensive mental health assessments,
Services	counseling, parenting skills, life skills, collaborative
55 Mill Street	case management, and referrals for psychiatric
Newton, NJ 07860	services for families with youth up to age 21 who are
973-940-0105	covered by Medicaid. Please contact the access
www.centerffs.org	number for more information or to make a
	referral: 877-922-2377.

#### **MENTAL HEALTH SERVICES**

**Agency Contact Information** 

Family Intervention Services a	Promoting Success Program - is a comprehensive
Division of Center for Family	mental health program providing in-home or in
Services	community counseling as well as psychiatric
55 Mill Street	evaluation and medication management for children
Newton, NJ 07860	and young adults ages 5 -21 and their families. The
973-940-0105	program will provide an array of services for a
www.centerffs.org	minimum of six months to achieve successful
	outcomes. Services are open to all youth who reside in
	Sussex County and are not involved with CP&P or CMO
	unless they are in the termination phase of their case.
	Please contact Kristen Lauber, Program coordinator at
	kristen.lauber@centerffs.org for more information or
	to refer a youth.
Children's Mobile Response and	The Morris/Sussex Children's Mobile Response and
Stabilization Services/Sussex	Stabilization (CMRSS)/Sussex FCIU provides
Family Crisis Intervention Unit	immediate, in-person response to crisis within one
To request mobile response,	hour. CMRSS is available 24 hours per day, 7 days a
families need to call PerformCare at	week, 365 days a year. CMRSS provides service
1-877-652-7624.	linkage and case management coordination for up to
www.centerffs.org	eight weeks. Must call PerformCare for services.

### **MENTAL HEALTH SERVICES**

Agency Contact Information	Programs and Services
Family Partners of Morris/Sussex	Family Partners of Morris & Sussex Counties, a Family
67 Spring Street	Support Organization, is a private, family-led
Newton, NJ 07860	organization that provides support, education and
973-940-3194	advocacy for parents and caregivers of children with
rhelt@familypartnersms.org	mental health, emotional, behavioral, developmental
www.familypartnersms.org	disabilities and substance use challenges through a
	community-based, family centered, culturally
	competent system of support, education and
	advocacy. The agency also operates a warm line.
Ginnie's House, Sussex County	A child friendly environment for the coordination
Children's Advocacy Center	investigative interview of allegations of criminal child
4 High Street, P.O. Box 3156	abuse, on-site medical evaluations, child therapy and
Newton, NJ 07860	caregiver support/advocacy. Education regarding
www.ginnieshouse.org	recognition of child abuse, how to react to a disclosure
	and how to report abuse is also available.
Psychiatric Emergency Services	Provides 24/7 crisis intervention, mobile outreach,
Newton Medical Center	psychiatric services, counseling referrals and, when
175 High Street	appropriate hospitalization for children and adults.
Newton, NJ 07860	
973-383-0973	

#### **MENTAL HEALTH SERVICES**

Agency Contact Information

School Based Youth Services	School Based Youth Services, known as "The Student
Sussex County Technical School	Center" has been providing students of Sussex County
105 North Church Road	Technical High School mental health counseling
Sparta, NJ 07871	services since 1988. The Student Center offers free
973-383-6700 ext. 329	onsite mental health counseling (individual, group,
	family and crisis intervention/risk assessments) by
	licensed professional counselors and supervised
	interns during the regular school day. Students can
	also access free monthly psychiatric care. This
	program serves current Sussex Tech students only and
	is not available to the general Sussex County
	community. The program also supports a Gay,
	Straight Alliance for teens and a free after school
	recreation program where students can remain at
	school until they are picked up or bused home on a
	late bus (M-Th).
Youth Advocate Program (YAP)	The outpatient office provides mental
Outpatient Program	health/behavioral health services to children and
328 Sparta Ave, Suite E	adolescents. The clinical staff are experienced
Sparta, NJ 07871	professionals who provide structured and supportive
973-729-3617	therapy including but not limited to; individual and
nraftopoulos@yapinc.org	family therapy, cognitive behavioral therapy, anger
www.yapinc.org	management, emotional regulation and trauma
	treatment. Medicaid insurance is accepted.

### **OTHER CHILD HEALTH SERVICES**

Agency Contact Information Pr

Big Brothers Big Sisters of Coastal & Northern NJ 21 Western Avenue Morriston, NJ 07960 Tele: 732-544-2224 ext. 315 Fax: 732-544-2260 <u>sorefice@mentornj.org</u> <u>https://mentornj.org</u>	Youth mentoring services that connects children ages 6-18 years old with committee volunteers that are 19 years of age or older in Sussex County. "Bigs" and "Littles" spend quality one-to-one time out in the community 4-6 hours a month engaging in fun, low- cost, friendship-building activities. The goal of the mentoring relationship is to provide positive guidance and support to enhance the child's ability to become a confident, competent and caring adult.
Legal Services of Northwest Jersey 18 Church St., Suite 120 Newton, NJ 07860 973-383-7400/Fax - 973-383-3469 Isnwj-sussex@lsnj.org www.lsnj.org/lsnwj	LSNWJ provides free legal assistance to low-income families in cases involving children's SSI disability.
Pass it Along 72 State Route 15, Unit 62 Lafayette, NJ 07848 973-726-9777 info@passitalong.org https://passitalong.org	Pass It Along is a non-profit organization committed to helping teenagers become confident, resilient, and compassionate through self-discovery, volunteerism, and leadership programs. Pass It Along supports teenagers, providing service learning as a part of each volunteer experience, enabling a one-on-one connection with the people teenagers are helping and delivering thought provoking leadership and self- discovery workshops.
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency operates Little Sprouts Early Learning Center for infants through age 6 and offers summer camps, family fun activities and special events for children.

#### **OTHER CHILD HEALTH SERVICES**

Agency Contact Information Programs and Services

**Project Self-Sufficiency** 

www.projectselfsufficiency.org

Newton, NJ 07860

127 Mill St.

973-940-3500

Project Self-Sufficiency is the lead agency for Project Sussex Kids/Sussex County Council for Young Children (SCCYC). The SCCYC convenes several subcommittees inviting parents and professionals to discuss needs and concerns pertaining to the health, education, and safety of the prenatal to age 8 population including Families of Children with Special Needs Health Committee, Families of School Age Children Education Committee, Spanish Speaking Families and Prenatal, Infant, Toddler and Preschooler Committee.

Sussex County Division of Social	Child Support and Paternity Testing
Services	Assists custodial parents with locating the non-
83 Spring Street, Suite 203	custodial parent, establishing paternity and reviewing
Newton, NJ 07860	existing child support orders. For TANF clients, the
973-383-3600	agency can assist with locating the non-custodial
www.sussex.nj.us/socialservices	parent, establishing paternity, initiating a child support
	order, reviewing existing child support orders as well
	as other additional services.

CHILD	PROTECTIVE SERVICES
Agency Contact Information	Programs and Services
Division of Child Protection and	The Division of Child Protection and Permanency
Permanency	(DCP&P) supports families to ensure the safety, well-
20 East Clinton Street	being and success of children, youths, families and
Newton, NJ 07860	communities.
800-392-2654 or 973-383-8400	
www.state.nj.us	
Ginnie's House, Sussex County	A child-friendly environment for the coordinated
Children's Advocacy Center	investigative interview of allegations of criminal child
4 High Street, P.O. Box 3156	abuse, on-site medical evaluations, child therapy and
Newton, NJ 07860	caregiver support/advocacy. Education regarding
www.ginnieshouse.org	recognition of child abuse, how to react to a disclosure
	and how to report abuse.
Sussex County Division of Social	Kinship Navigator Program
Services	The Kinship Navigator Program is a special form of
83 Spring Street, Suite 203	legal guardianship that allows an adult to be given the
Newton, NJ 07860	legal authority to care for and make decisions
973-383-3600	concerning the welfare of a child. If you are not
www.sussex.nj.us/socialservices	related to the child, you must obtain Kinship legal
	guardianship to access Kinship services, as well as a
	variety of other government assistance programs.
	Services available through the Kinship Navigator
	Program include (but are not limited to); payment for
	clothing for the child, medical coverage and services,
	housing, payment for furniture, payment for tutoring
	services and extra-curricular activities, payment for
	summer camp for the child and payment for
	graduation expenses for the child.

#### **CHILD HEALTH SERVICES** CHILD SUBSTANCE ABUSE SERVICES Agency Contact Information **Programs and Services** PerformCare PerformCare New Jersey utilizes significant expertise 24 hours a day, seven days a week and integrated technologies to register, authorize, and 877-652-7624 coordinate services for children, youth, and young www.performcarenj.org adults who are experiencing emotional and behavioral challenges, are impacted by substance use treatment needs, or have an intellectual/developmental disability. Center for Evaluation and CEC's Comprehensive Adolescent Program (CAP) provides free individual and group psychoeducation, Counseling 191 Woodport Rd Suite 209 along with case management services to at-risk or Sparta, NJ 07871 court-involved youth ages 12-18. Groups include Tele: 973-512-3700 anger management, positive decision making, coping Fax: 973-512-3701 skills, life skills, job skills, conflict resolution and cec@centerforeval.org healthy choices. www.centerforeval.org Center for Evaluation and **CEC's Therapeutic Supervised Parenting Program** Counseling (TSPP) provides services to children from birth to age 61 High Street 18 who are in the middle of custody/parenting Newton, NJ 07860 disputes who may be at risk and/or mutual parenting 973-300-1900 arrangements are not available. Parenting sessions cec@centerforeval.org must be court ordered. www.centerforeval.org

### **CHILD SUBSTANCE ABUSE SERVICES**

Agency Contact Information

Center for Prevention and	CFPC provides individual and/or group adolescent
Counseling	substance use services including evaluations, early
61 Spring Street	intervention/education, outpatient and intensive
Newton, NJ 07860	outpatient. Funding opportunities for those that
973-383-4787; Fax - 973-383-6576	qualify. Call CFPC to speak to the adolescent
info@centerforprevention.org	coordinator. CFPC provides services to at-risk and
www.centerforprevention.org	court involved youth through the Think, Act, Grow
	(TAG) program, which offers life skills, positive youth
	development, anger management, conflict resolution
	and positive decision making. CFPC offers a variety of
	programs/workshops for children in the school
	settings which includes: Botvin's Life Skills; 7 Habits Of
	Highly Effective Teens; and Girls Circle/Boys Council to
	learn healthy coping skills and other essential life
	skills. Call CFPC for participating school districts.
Family Intervention Services a	Outpatient Program provides support to families by
Division of Center for Family	providing comprehensive mental health assessments,
Services	counseling, parenting skills, life skills, collaborative
55 Mill Street	case management, and referrals for psychiatric
Newton, NJ 07860	services for families with youth up to age 21 who are
973-940-0105	covered by Medicaid. Please contact the access
www.centerffs.org	number for more information or to make a referral:
	877-922-2377.

### **CHILD SUBSTANCE ABUSE SERVICES**

Agency Contact Information

Children's Mobile Response and	The Morris/Sussex Children's Mobile Response and
Stabilization Services/Sussex	Stabilization (CMRSS)/Sussex FCIU provides
Family Crisis Intervention Unit	immediate, in-person response to crisis within one
To request mobile response,	hour. CMRSS is available 24 hours per day, 7 days a
families need to call PerformCare at	week, 365 days a year. CMRSS provides service
1-877-652-7624.	linkage and case management coordination for up to
www.centerffs.org	eight weeks. Must call PerformCare for services.
Family Partners of Morris/Sussex	Family Partners of Morris & Sussex Counties, a Family
67 Spring Street	Support Organization, is a private, family-led
Newton, NJ 07860	organization that provides support, education and
973-940-3194	advocacy for parents and caregivers of children with
rhelt@familypartnersms.org	mental health, emotional, behavioral, developmental
www.familypartnersms.org	disabilities and substance use challenges through a
	community-based, family centered, culturally
	competent system of support, education and
	advocacy. The agency also operates a warm line.
Ginnie's House, Sussex County	A child-friendly environment for the coordinated
Children's Advocacy Center	investigative interview of allegations of criminal child
4 High Street, P.O. Box 3156	abuse, on-site medical evaluations, child therapy and
Newton, NJ 07860	caregiver support/advocacy. Education regarding
www.ginnieshouse.org	recognition of child abuse, how to react to a disclosure
	and how to report abuse is also available.
Psychiatric Emergency Services	Provides 24/7 crisis intervention, mobile outreach,
Newton Medical Center	psychiatric services, counseling referrals and, when
Newton Medical Center 175 High Street	psychiatric services, counseling referrals and, when appropriate hospitalization for children and adults.

### **CHILD WELLNESS SERVICES**

Agency Contact Information Programs and Services

Center for Evaluation and	CEC's Comprehensive Adolescent Program (CAP)
Counseling	provides free individual and group psychoeducation,
191 Woodport Rd Suite 209	along with case management services to at-risk or
Sparta, NJ 07871	court-involved youth ages 12-18. Groups include
Tele: 973-512-3700	anger management, positive decision making, coping
Fax: 973-512-3701	skills, life skills, job skills, conflict resolution and
cec@centerforeval.org	healthy choices.
www.centerforeval.org	

Center for Evaluation and	CEC's Therapeutic Supervised Parenting Program
Counseling	(TSPP) provides services to children from birth to age
61 High Street	18 who are in the middle of custody/parenting
Newton, NJ 07860	disputes who may be at risk and/or mutual parenting
973-300-1900	arrangements are not available. Parenting sessions
cec@centerforeval.org	must be court ordered.
www.centerforeval.org	

Center for Prevention & Counseling	CFPC offers a variety of Wellness programs/workshops
61 Spring Street	for all ages. They include: WISE (Wellness Initiative for
Newton, NJ 07860	Senior Education & alternatives to pain management);
973-383-4787; Fax - 973-383-6576	Family Night Out Project; Military Family Night Out
info@centerforprevention.org	Project; YTAG (Youth Tobacco Action Group) focus on prevention of e-cigarette use and promotion of youth
www.centerforprevention.org	cessation; Matters of the Heart for family & friends of
	those afflicted with addiction; Anger Management
	Support & Education for adults; Outpatient and
	Intensive Outpatient Counseling for substance use
	disorders, Medication Assisted Treatment through
	collaboration with Genesis Addiction and Behavioral
	Medicine, Peer Recovery Coaching, smoking cessation,
	Recovery Support activities, workshops, and events
	including All Recovery, SMART Recovery meeting and
	Medication Assisted Recovery Anonymous (MARA).
	Call CFPC for details and dates.

#### **CHILD WELLNESS SERVICES**

Agency Contact Information

DAWN Center for Independent	DAWN coordinates and facilitates early intervention
Living	services for children and families in Sussex County;
66 Ford Road, Suite 121	provides skills for independent living for teens and
Denville, NJ 07834	young adults to expand critical skills for an
973-625-1940; Fax 973-625-1932	independent life in the community and offers young
TTY 973-625-1932; 1-888-383-3296	adults with special needs ages 14 to 25 an opportunity
info@dawncil.org	to explore artistic and vocational pursuits.
www.dawncil.org	
NORWESCAP Head Start/Early	Head Start/Early Head Start provides comprehensive;
Head Start Program	health, nutrition, education, mental health and social
111 Ryerson Ave.	services to support low-income families and children
Newton, NJ 07860	age birth to five.
973-300-4091	
www.norwescap.org	
NORWESCAP Children & Family	Children & Family Resource Services (CFRS) is the
Resource Services	county designated resource and referral agency by the
186 Halsey Rd. Suite 1	Department of Human Services, Division of Family
Newton, NJ 07860	Development. CFRS seeks to empower families and
973-383-3461/Fax - 973-383-8222	the community through enhancing the quality and
cfrs@norwescap.org	accessibility of early education. CFRS administers the
www.norwescap.org	child care subsidy program, family child care
	registration, provides parent and early childhood
	professional education, and supports families by
	providing referrals to NORWESCAP and community
	programs to maintain family stability.

#### **CHILD HEALTH SERVICES CHILD WELLNESS SERVICES** Agency Contact Information **Programs and Services** NORWESCAP WIC Women, Infants, Children (WIC) provides free 973-579-5155 nutritious food, health education and referrals to health and social services for pregnant and postwww.norwescap.org partum women, infants and children up to their 5th birthday. **Project Self-Sufficiency** Project Self-Sufficiency provides three home visitation programs in Sussex County including Nurse Family 127 Mill Street Partnership, Healthy Families and Parents as Teachers. Newton, NJ 07860 These evidence-based programs support prenatal 973-940-3500 families and families of children up to the age of 5 844-877-3500 with a focus on optimal maternal and child health www.projectselfsufficiency.org including but not limited to: linkage to prenatal care, developmental milestone tracking, school readiness, parent advocacy and information and referral. Families can access these programs by contacting Project Self-Sufficiency's Central Intake - 1-844-877-3500 or 973-940-3500. SCARC is dedicated to the empowerment and support SCARC 11 US Route 206, Suite 100 of persons with developmental disabilities and their Augusta, NJ 07822 families. It facilitates partnerships with community 973-383-7442; Fax 973-383-8330 resources, assists in maximum community www.scarc.org participation, promotes individual planning based on choices, preferences and needs and fosters the development of socially valued roles for each person served.

### **CHILD WELLNESS SERVICES**

**Agency Contact Information** 

Sussex County Division of Community and Youth Services Sussex County Administrative Center One Spring Street, 2nd Floor Newton, NJ 07860 973-940-5200 ext.1379	Juvenile Detention Alternative Initiative (JDAI) Innovations Funding (Right Path Program) The Right Path Program is a suspension prevention/diversion strategy offered to middle and high school students in Sussex County. The goal of the program is to break the cycle of the "school to prison" pipeline by providing a programmatic alternative to school suspensions. Services include providing an assessment and identification of problematic behavior(s) as well as referrals to community service providers.
Sussex County Division of Community and Youth Services Sussex County Administrative Center One Spring Street, 2nd Floor Newton, NJ 07860 973-940-5200 ext.1379	Sussex County Youth Advisory Council (SCYAC) The SCYSC advocates for an accessible, responsive, integrated, and coordinated system of care specific to the needs of youths and families. The SCYSC is responsible for implementing the duties and responsibilities set forth in the Bring Our Children Home Act and the Juvenile Justice Commission. Special focus is given to youths with special social and emotional needs and/or juveniles involved or at risk of involvement in the Family Court. Detention Alternatives Program The Detention Alternatives Program provides intensive supervision, electronic monitoring (where applicable), community service and case management to court- involved youth. This program allows the youth to remain at home, in school, and in the community.

#### **CHILD WELLNESS SERVICES**

**Agency Contact Information** 

**Programs and Services** 

Today's Choice Pregnancy Resource Center 43 Trinity Street Newton, NJ 07860 973-579-2272 todayschoice@embarqmail.com www.todayschoice.org

Earn While You Learn (EWYL) at Today's Choice provides parenting and life skills education in a mentor format that enables participants to "earn" new baby clothing and furniture.

**YMCA** 15 Wits End Road Hardyston, NJ 07419 973-209-9622

www.metroymcas.org

The Sussex County YMCA has programs for infants to seniors including access to aquatic programs, cardio and strength conditioning equipment, fitness classes, sports and enrichment classes, supervised child watch and youth room, before and after school care and summer camp. Contact the Y for membership and fee information.

	FOOD
F	OOD ASSISTANCE
Agency Contact Information	Programs and Services
Sussex County Division of Social Services 83 Spring Street, Suite 203 Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	<b>SNAP (Food Stamps)</b> Formerly known as "Food Stamps" the SNAP is a federal program that provides nutritional assistance to eligible, low-income individuals and families. Applications can be completed online at <u>https://oneapp.dhs.state.nj.us/</u> . If you are not able to complete the application online, please contact the Division of Social Services for further assistance.
Sussex County Division of Senior Services Sussex County Administrative Center 1 Spring Street, 2 <sup>nd</sup> Floor Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices	Senior Farmer's Market Vouchers The Division of Senior Services distributes Senior Farmer's Market Vouchers to income eligible individuals age 60 plus from June 1 to September 30. The vouchers are used to purchase Jersey Fresh fruits and vegetables. Please contact the Division of Senior Services for further details. Congregate Nutritional The Congregate Nutritional Site offers a free meal, five days a week at three sites (Franklin, Hopatcong, and Vernon) for those ages 60 or older. Reservations must be made at least 24 hours in advance. Please contact the Division of Senior Services for further details.
NORWESCAP WIC 973-579-5155 www.norwescap.org	Women, Infants, Children (WIC) Program provides free nutritious food, health education and referrals to health and social services for pregnant and post- partum women, infants and children up to the 5th birthday.
Catholic Family & Community Services 48 Wyker Rd, Franklin, NJ 07416 973-209-0123 www.catholicharities.org	Home Delivered Meals This service provides meals to homebound, frail individuals age 60 or older. Meals are delivered on weekdays and weekends with one hot meal, and if necessary, a second cold meal.

	Т
	Ο
	Ο
	D
	⊳
	AS
	S
	S
	P
	2
ĺ	B

	FOOD	
FOOD ASSISTANCE		
Agency Contact Information	Programs and Services	
NORWESCAP Head Start/Early	Head Start/Early Head Start supports low-income	
Head Start Program	families and children from birth to age five by	
111 Ryerson Ave.	providing comprehensive; health, nutrition, education,	
Newton, NJ 07860	mental health and social services.	
973-300-4091		
www.norwescap.org		

	FOOD
FOOD PAN	TRIES AND SERVED MEALS
Agency Contact Information	Programs and Services
Sussex County Division of Social	Since 2010, the Sussex County Division of Social
Services Food Pantry	Services, in partnership with the Champions for
83 Spring Street, Suite 203	Charity, has been able to provide the residents of
Newton, NJ 07860 973-383-3600	Sussex County access to quality emergency food assistance and personal hygiene products. Pet food is
373-383-3000	also available upon request. Hours of operation are
	Monday through Friday between 8:30 a.m. and 4:30
	p.m. No appointment is necessary.
	· · · ·
Andover Presbyterian Church	By appointment only. Please call for further details.
Andover, NJ	
973-786-5094	
Benny's Bodega	Benny's Bodega supplies basic need items such as
166 Spring Street	food, clothes, hygiene products, cleaning supplies and
Newton, NJ 07860	baby supplies to those in need.
www.bennysbodega.com	
Bodhi Food Pantry	Food Pantry by appointment only, open on Friday
67 Lawrence Rd.	9:00 a.m. – 10:00 a.m.
Andover, NJ 07848	
973-940-0711	
First Presbyterian Church of	The Bread of Life Ministry serves a free hot lunch on
Franklin	, Saturdays from 11:30 a.m. – 12:30 p.m.
11-13 Main Street	
Franklin, NJ 07416	
973-827-6444	
frankpresby@gmail.com	
www.frankpresby.org	
Glenwood Baptist Church	Please contact Pastor Jean for more information
1863 Rt. 565	
Vernon, NJ 07461	
908-591-6177	

Ο
0
Ō
>
5
S
S
Η
≥
Z
Ω

	FOOD	
FOOD PANTRIES AND SERVED MEALS		
Agency Contact Information	Programs and Services	
Harvest House Lunch Program L Hamburg Ave. Sussex, NJ 07614 973-875-6445	Serving free lunch Monday through Friday 11:45 a.m. 12:30 p.m.	
Holy Counselor Lutheran Church 68 Sand Hill Rd Vernon, NJ 07461 973-827-6445	Food Pantry open Monday, Thursday and Friday 8:30 a.m. – 11:30 a.m.	
Lafayette Federated Church Rt. 15, Lafayette, NJ 07848 973-383-4461	Food Pantry open Tuesday and Thursday 9:00 a.m. – 4:00 p.m.	
Manna House Community Soup Kitchen Newton Presbyterian Church 54 High Street Newton, NJ 07860 973-579-6517	Serving free lunch Monday through Friday 11:30 a.m. 12:30 p.m.	
<b>Our Lady of Mount Carmel</b> 203 Newton Swartswood Rd Swartswood, NJ 07860 973-383-3566	Food Pantry for those living in the Swartswood and Stillwater area only, Monday through Friday 9:00 a.m. to 1:00 p.m.	
Salvation Army Food Pantry Franklin Senior Center 15 Cork Hill Rd Franklin, NJ 07416 973-827-2973	Food Pantry is open Monday through Friday 10:00 a.m. – 12:00 p.m., please call ahead. The Pantry is located in the bottom floor of the Franklin Police building.	
<b>Samaritan Inn</b> 901 Swartswood Rd Newton, NJ 07860 973-940-8872	Food Pantry open Monday, Wednesday & Friday, 2:00 p.m. – 4:00 p.m.	

### FOOD

### FOOD PANTRIES AND SERVED MEALS

**Agency Contact Information** 

SCARC's Harvest Home Foods program distributes food to needy families out of their Hampton Township and Hamburg locations. Food recipients must meet eligibility criteria. The food is free and the pantries are open from 10:00 a.m. to 1:30 p.m. daily.
School Based Youth Services, known as "The Student Center" has been providing students of Sussex County Technical High School mental health counseling services since 1988. The Student Center also operates a small food pantry. This program serves current Sussex Tech students only and is not available to the general Sussex County community.
Food Pantry open Wednesday 9:00 a.m3:00 p.m., and Friday 9:00 a.m1:00 p.m.
Food Pantry open Thursday 10:00 a.m. – 1:00 p.m., appointment is preferred but not necessary.
Food Pantry open Monday through Friday, 9:00 a.m. – 12:00 p.m. for Stanhope, Hopatcong, Byram and Netcong residents only.
Provides food to Sussex, Wantage and Montague neighbors in need according to the following scheduled; Tuesday 3:30 p.m. – 4:30 p.m., Wednesday 9:00 a.m. – 10:00 a.m., Friday 11:30 a.m. – 12:30 p.m. and Saturday 9:00 a.m. – 10:00 a.m.

### FOOD

### FOOD PANTRIES AND SERVED MEALS

Agency Contact Information

United Methodist Church of Branchville 8 Broad Street, P.O. Box 509 Branchville, NJ 07826 973-948-3749 umbranch@embarqmail.com	"Hands to Hearts" food pantry Monday, Tuesday, and Saturday from 9 a.m. – 12:00 p.m. Proof of Sussex County residency required.
United Methodist Church of Stockholm Stockholm, NJ 973-697-6202	Services by appointment only. Please call for further details.
United Methodist Church of Vernon Vernon, NJ 973-764-3188	Providing food in Vernon area on Monday, Wednesday, Friday from 9:30 a.m. to 12:30 p.m. Please call for an appointment.
Westside Methodist Church 16 Maxim Dr. Hopatcong, NJ 973-398-5010	Food Pantry open Monday and Thursday 9:30 a.m. – 12:30 a.m., Wednesday 10:00 a.m. – 12:00 a.m. and 5:00 p.m. – 7:00 p.m.

### **PHYSICAL HEALTH SERVICES**

### **Agency Contact Information**

Sussex County Division of Social	New Jersey Family Care (NJFC) (Medicaid)
Services	NJFC assists qualified individuals and families with free
83 Spring Street, Suite 203	or low-cost health insurance. There are also a number
Newton, NJ 07860	of special programs designed to meet the specific
973-383-3600	medical needs of certain groups of people who would
www.sussex.nj.us/socialservices	not otherwise qualify for NJFC. Applications can be
	completed online at <a href="http://www.njfamilycare.org">http://www.njfamilycare.org</a> . If
	you are not able to complete the application online or
	need additional assistance, please contact the Division
	of Social Services.
	Aged, Blind and Disabled (ABD) Medicaid Services
	ABD assists qualified individuals and couples that are
	over 65 years old or under 65, and disabled or blind
	with free or low-cost health insurance. These services
	include but are not limited to; nursing home care,
	assisted living and home based Managed Long- Term
	Care Services and Supports (MLTSS). Please contact
	the Division of Social Services for an application or
	further details.
	Chore Assistance
	Provides financial assistance to eligible persons who
	are unable to perform light household tasks and/or
	who are unable to provide basic personal care for
	themselves. Services are focused on providing the
	person(s) with the ability to remain living
	independently in the community. Please contact the
	Division of Social Services for additional details.
Sussex County Division of Senior	PAAD, Senior Gold, Medicare/Medicaid
Services	Provides counseling and assistance with regards to
Sussex County Administrative	Medicare and related insurance issues to the disabled
Center	and those age 60 plus. Assistance with completing
One Spring Street, 2 <sup>nd</sup> Floor	applications for programs such as; PAAD, Senior Gold,
Newton, NJ 07860	Medicare/Medicaid/MLTSS is also provided.
973-579-0555	
www.sussex.nj.us/seniorservices	

#### PHYSICAL HEALTH SERVICES

#### **Agency Contact Information**

#### **Programs and Services**

**Sussex County Division of Senior** State Health Insurance Program (SHIP) Services The Division provides counseling and assistance with Sussex County Administrative the filing of bills related to Medicare, secondary insurance and long-term care insurance. Also provides Center One Spring Street, 2<sup>nd</sup> Floor assistance with navigating Medicare prescription Newton, NJ 07860 options. 973-579-0555 **Project Healthy Living** www.sussex.nj.us/seniorservices A variety of evidence-based health promotion programs are sponsored by the Sussex County Division of Senior Services. In addition, the Agency provides a series of health education programs for group presentations. Please contact the Division for further details. Jersey Assistance for Community Caregiving (JACC) The JACC program provides a broad array of in-home services enabling an individual, at risk of placement in a nursing facility, to remain in his or her home. Program services may include but are not limited to; respite care, homemaker services, environmental accessibility adaptations, personal emergency response systems, home-delivered meal service and caregiver/recipient training. Please contact the Division for additional details. Wellness and Chronic Conditions Program The Division of Senior Services provides educational programs on wellness and living with chronic conditions. Please call for further details.

### **PHYSICAL HEALTH SERVICES**

### Agency Contact Information

Newton Medical Center 175 High Street Newton, NJ 07860 973-383-2121 www.atlantichealth.org/newton	Newton Medical Center, part of Atlantic Health System, provides high quality, extraordinary care to the communities of Sussex and Warren counties in New Jersey, Pike County in Pennsylvania and southern Orange County in New York. Newton Medical Center is home to more than 40 medical specialties and sub- specialties including, but not limited to, the Center for Breast Health, the only one of its kind in Sussex County, a nationally recognized emergency department, advanced cardiovascular care, a baby- friendly USA-Designated Maternity Center, and a wide range of outpatient services.
Zufall Health Center 238 Spring St. Suite A 973-862-6650 www.zufallhealth.org	Zufall Health Center provides primary medical services, preventative dental services and behavioral counseling services for those with or without insurance. Zufall Health maintains a fully accredited medical and dental staff, a licensed social worker and a behavioral case manager. Appointments are required. Emergency walk-ins can only be accommodated during morning hours based on appointment scheduled. Zufall Health can also provide transportation to and from their office for those with an appointment. Mobile dental and medical services are available to provide services to those in the community through prior arrangements. Please contact the agency at ext. 164 for further details about these services. Zufall also offers SNAP-Ed in Sussex County. This program offers educational classes to teach you how to make healthy food choices on a limited budget and shows you how to incorporate physical activity into your lifestyle.

#### **HEALTH SERVICES** PHYSICAL HEALTH SERVICES **Agency Contact Information Programs and Services Free Clinic Newton** Free healthcare clinic for the uninsured and anyone in need of primary medical care. 67 High St. Newton, NJ 07860 973-400-8432 www.freeclinicnewton.org Monday and Thursday 6 p.m. to 8 p.m. Saturday 9:00 a.m. to 11:00 a.m. **Sussex County Public Health** NJCEED Program Nursing Free cancer screenings for men and women in addition to low-cost screenings if not eligible for 201 Wheatsworth Road Hardyston, NJ 07419 NJCEED. Income eligibility required. Free physical 973-579-0570 exams and vaccines for children 5 years of age and www.sussex.nj.us/health younger also provided. **Health Check Clinics** Monthly health clinics for adults to receive free or lowcost vaccinations, blood pressure checks and more. **Project Self-Sufficiency** Project Self-Sufficiency offers supportive counseling, 127 Mill St. home visitation for prenatal and new parents, Newton, NJ 07860 mammography referrals, breast health awareness 973-940-3500 presentation information and a child sexual abuse www.projectselfsufficiency.org prevention program. **Breast Health Awareness Project** The Project offers educational materials, programming, mammograms and follow-up support including support groups, access to wigs and breast cancer survivor events.

HEALTH SERVICES PHYSICAL HEALTH SERVICES		
Today's Choice Pregnancy Resource	The program provides a pregnancy test with a	
Center	conformational ultrasound conducted during the first	
43 Trinity Street	month of pregnancy. Counseling on pregnancy	
Newton, NJ 07860	options is also provided.	
973-579-2272		
todayschoice@embarqmail.com		
www.todayschoice.org		
SCARC	The vision of SCARC is a community of respect,	
11 US Route 206, Suite 100	equality, and dignity for people of all abilities. The	
Augusta, NJ 07822	mission of SCARC is to provide high quality service and	
973-383-7442; Fax 973-383-8330	supports to people with developmental disabilities	
www.scarc.org	and their families in Sussex County.	

	TH SERVICES HEALTH SERVICES
Agency Contact Information	Programs and Services
Bridgeway Rehabilitation Services 93 Stickles Pond Road Newton, NJ 07860 973-383-8670 www.bridgewayrehab.com	Bridgeway Rehabilitation Services offers the following programs to people experiencing mental illness in Sussex County; Partial Care, Supportive Employment, PATH (homelessness), Integrated Case Management Services (ICMS) and Supportive Housing.
Capitol Care, Inc. 7 Waterloo Road Stanhope, NJ 07874 185 Route 183 Stanhope, NJ 07874 844-437-3482; Fax 844-437-3482 www.capitol-care.org www.capitol-care.org/new_jersey www.facebook.com/NJBehavioralHealth	Capitol Care, Inc. is a premier provider of behavioral health services in New Jersey. Our facilities, outcomes, and inspection results are second to none, laying a foundation for the very highest quality of services to be delivered to our individuals. The achievements of the individuals in our mental health and developmental disability programs are unparalleled. Utilizing a person- centered approach and comprehensive wraparound services to support individuals in need of; partial hospitalization program (PHP), intensive outpatient program (IOP) and an outpatient program (OP) which can include psychiatric services for medication monitoring. Residential services (group homes, supervised apartments, supportive living programs and adult day services) are also available.
Center for Evaluation and Counseling 191 Woodport Rd Suite 209 Sparta, NJ 07871 Tele: 973-512-3700 Fax: 973-521-3701 cec@centerforeval.org www.centerforeval.org	CEC provides outpatient mental health counseling services for children, adolescents, adults, family and couples. Private insurance clients welcomed. CEC conducts forensic, cognitive, psychosexual, psychological, risk and fire setter evaluations.

Н	EALTH SERVICES
MEN	TAL HEALTH SERVICES
Agency Contact Information	Programs and Services
NewBridge Services 70 Sparta Ave Knoll Place, Suite 104 Sparta, NJ 07871 973-316-9333 or 888-746-9333 www.newbridge.org	NewBridge Services offers a counseling program for children, adults and families providing an individualized set of mental health services that are based upon a comprehensive mental health assessment. These services include assessment and psychiatric evaluation, medication monitoring, individual psychotherapy, couples and family therapy, trauma informed treatment, play therapy and psychoeducation using evidence-based counseling techniques.
Newton Medical Center Behavioral Health 175 High Street Newton, NJ 07860 973-383-1533 www.atlantichealth.org/Newton	Providing mental health services for adults and children in outpatient, acute partial hospital, intensive outpatient, inpatient, residential and emergency setting (includes mobile crisis response) and sexual assault services. Services are also available for adults with co-occurring mental health and substance use conditions.
<b>Community Hope</b> 959 Rt. 46 E. Suite 402 Parsippany, NJ 07054 973-463-9600 www.communityhope-nj.org	The agency's mental health programs enable individuals recovering from mental illness and substance abuse to live in affordable housing with the help of ongoing counseling, case management and support services. Veteran specific services are also available.
Intensive Family Support Services of Sussex County Saint Clare's Health System-Sparta Sussex Community Urgent Care 21 Walnut St. Sussex, NJ 07461 973-702-2863	Intensive Family Support Services of Sussex County offers family education, consultation, support groups, referral service linkage and more to relatives or caregivers of adults with a mental illness.

HEALTH SERVICES MENTAL HEALTH SERVICES	
NAMI Sussex 973-214-0632 www.nami-sussex-nj.ord nami.sussex@gmail.com	NAMI Sussex, affiliate of the National Alliance on Mental Illness, is dedicated to improving the lives of persons with mental illness by educating and supporting the family members who love and care for them.
<b>Psychiatric Emergency Services</b> Newton Medical Center 175 High Street Newton, NJ 07860 973-383-0973	Provides 24/7 crisis intervention, mobile outreach, psychiatric services, counseling referrals and, when appropriate hospitalization for children and adults.
Summit Oaks Hospital 19 Prospect Street Summit, NJ 07902 (800) 753-5223 www.summitoakshospital.com	Summit Oaks Hospital has been providing psychiatric and substance abuse treatment services to patients since 1902. Through inpatient care and outpatient services, we offer mental health treatment programs for children, adolescents and adults specializing in; anxiety, depression, bipolar and/or post-traumatic stress disorders, schizophrenia and other psychoses, alcohol and drug detoxification and short-term rehabilitation.
Youth Advocate Program (YAP) Outpatient Program 328 Sparta Ave, Suite E Sparta, NJ 07871 973-729-3617 nraftopoulos@yapinc.org www.yapinc.org	The outpatient office provides mental health/behavioral health services to adults. The clinical staff are experienced professionals who provide structured and supportive therapy including but not limited to individual & family therapy; cognitive behavioral therapy; anger management; emotional regulation and trauma treatment. Medicaid insurance is primarily accepted.

### SUBSTANCE ABUSE SERVICES

### Agency Contact Information

Center for Prevention & Counseling 61 Spring Street Newton, NJ 07860 973-383-4787; Fax - 973-383-6576 info@centerforprevention.org www.centerforprevention.org	Offering a range of services for adolescents and adults, including evaluations, early intervention, outpatient and intensive outpatient substance use counseling, medication assisted treatment, relapse prevention, counseling for co-occurring disorders, family counseling, and various support groups, including anger management. Many recovery supports are offered at our main office, at our Peer Recovery Community Center and in the community including peer and family coaching, case management, recreational and social events as well as activities designed to help individuals thrive in the recovery zone. Sliding scale and grant-funded programs are available.
C.L.E.A.R. Community Law Enforcement Addiction Recovery 61 Spring Street Newton, NJ 07860 844-SC-CLEAR (844)722-5327 Katie@centerforprevention.org www.ClearProgram.org	Adults seeking help for substance use can to go to the following police stations to be screened for participation in the C.L.E.A.R. program: Andover, Byram, Franklin, Hamburg, Hardyston, Newton, Ogdensburg, Sparta and Vernon Police Stations. C.L.E.A.R. pairs people and/or their concerned family members with a recovery coach from the Center for Prevention and Counseling to serve as a personal guide and mentor to recovery.
DASI DECIDE Program 973-271-0288	DECIDE is a 27-week educational intervention program for men who are abusive or violent with their partners. Participation may be voluntary or court- ordered. There is a sliding fee scale. An individual intake assessment is required.

#### **HEALTH SERVICES** SUBSTANCE ABUSE SERVICES **Agency Contact Information Programs and Services Freedom House** Freedom House provides long term residential 3 Pavilion Rd treatment solutions for men with chronic problems Glen Gardner, NJ 08826 in a non-institutional atmosphere. Freedom House http://www.freedomhousenj.org/ also provides transitional living programs and outpatient services for both men and women. **Psychiatric Emergency Services** Provides 24/7 crisis intervention, mobile outreach, psychiatric services, counseling referrals and, when Newton Medical Center appropriate hospitalization for children and adults. 175 High Street Newton, NJ 07860 973-383-0973 **Sussex County Division of** Intoxicated Drivers Resource Center (IDRC) Program **Community and Youth Services** The objective of the IDRC is to ensure that all Sussex Sussex County Administrative County residents convicted of Driving Under the Center Influence or related offense comply with the court One Spring Street, 2<sup>nd</sup> Floor ordered penalties specified in NJ's statutes and Newton, NJ 07860 regulations. The program includes screenings and 973-940-5200 referrals for comprehensive substance use assessments. Summit Oaks Hospital Summit Oaks Hospital has been providing psychiatric **19 Prospect Street** and substance abuse treatment services to patients Summit, NJ 07902 since 1902. Through inpatient care and outpatient (800) 753-5223 services, we offer mental health treatment programs www.summitoakshospital.com for children, adolescents and adults specializing in; anxiety, depression, bipolar and/or post-traumatic stress disorders, schizophrenia and other psychoses, alcohol and drug detoxification and short-term rehabilitation.

# HEALTH SERVICES

# SUBSTANCE ABUSE SERVICES

Agency Contact Information

Sunrise House	For over 30 years, Sunrise House has made it our
37 Sunset Inn Rd	mission to provide client-focused, comprehensive,
Lafayette, NJ 07848	compassionate, and interdisciplinary treatment to
888-414-8172	adults struggling with drug and alcohol addiction. Our
https://sunrisehouse.com	purpose and passion is to empower clients to leave
	the chaos of addiction behind and re-join their
	families, employers, and communities through an
	individualized program that promotes a healthy
	lifestyle and optimal wellness of the mind, body, and
	spirit.
Turning Point	Turning Point offers evidence-based treatment to
680 Broadway, Suite 104	men, women and their families with addiction.
Paterson, NJ 07514	Turning Point is able to assist those with mental health
973-239-9400	disorders in addition to pregnant women.
https://www.turningpointnj.org/	

# HEALTH SERVICES

# WELLNESS SERVICES

## Agency Contact Information

Capitol Care, Inc. 7 Waterloo Road Stanhope, NJ 07874 185 Route 183 Stanhope, NJ 07874 844-437-3482; Fax 844-437-3482 www.capitol-care.org www.capitol-care.org/new_jersey www.facebook.com/NJBehavioralHealth	Capitol Care, Inc. is a premier provider of behavioral health services in New Jersey. Our facilities, outcomes, and inspection results are second to none, laying a foundation for the very highest quality of services to be delivered to our individuals. The achievements of the individuals in our mental health and developmental disability programs are unparalleled. Utilizing a person-centered approach and comprehensive wraparound services to support individuals in need of; partial hospitalization program (PHP), intensive outpatient program (IOP) and an outpatient program (OP) which can include psychiatric services for medication monitoring. Residential services (group homes, supervised apartments, supportive living programs and adult day services) are also available.
Catholic Charities Department for Persons with Disabilities 1 Catholic Charities Way P.O. Box 2539 Oak Ridge, NJ 07438 973-406-1100 infor@dpd.org www.dpd.org (Support Coordination) 973-935- 0881 support@dpd.org	The Department for Persons with Disabilities provides residential, vocational, social, spiritual and recreational supports for adults with developmental disabilities. DPD also provides Support Coordination Services for people with developmental disabilities.

ELLNESS SERVICES
Programs and Services
DAWN provides services to people with disabilities, which include an 8-week health and wellness workshop series, opportunities to share experiences and to lead supportive relationships in daily life; adult and young adult recreation programs, independent living skills training and nursing home transition services for those who wish to transition to the community. <i>Traumatic Brain Injury Fund</i> DAWN provides assistance in creating a support plan for financial assistance through the Traumatic Brain Injury Fund which links eligible adults with developmental disabilities to life-enriching supports and provides one-stop access to long-term supports for persons with disabilities that enable them to live in the community.
Skylands RSVP provides wellness education and exercise programs for older adults. Classes are led by trained volunteer peer leaders. To volunteer or attend a class, please call.

#### Pass it Along

75 State Route 15, Unit 62 Lafayette, NJ 07848 973-726-9777 info@passitalong.org https://passitalong.org Pass It Along is a non-profit organization committed to helping teenagers become confident, resilient, and compassionate through self-discovery, volunteerism, and leadership programs. Pass It Along supports teenagers, providing service learning as a part of each volunteer experience, enabling a one-on-one connection with the people teenagers are helping and delivering thought provoking leadership and selfdiscovery workshops.

W	ELLNESS SERVICES
Agency Contact Information	Programs and Services
Project Self-Sufficiency 127 Mill Street Newton, NJ 07860 973-940-3500 844-877-3500 www.projectselfsufficiency.org	Project Self-Sufficiency provides three home visitation programs in Sussex County including Nurse Family Partnership, Healthy Families and Parents as Teachers. These evidence-based programs support prenatal families and families of children up to the age of 5 with a focus on optimal maternal and child health including but not limited to: linkage to prenatal care, developmental milestone tracking, school readiness, parent advocacy and information and referral. Families can access these programs by contacting Project Self- Sufficiency's Central Intake – 1-844-877-3500 or 973- 940-3500.
SCARC 11 US Route 206, Suite 100 Augusta, NJ 07822 973-383-7442 Fax 973-383-8330 www.scarc.org	The vision of SCARC is a community of respect, equality, and dignity for people of all abilities. The mission of SCARC is to provide high quality service and supports to people with developmental disabilities and their families in Sussex County.
United Way Caregivers Coalition Robin Ennis, Manager PO Box 6835 Bridgewater, NJ 08807 973-993-1160 x305 https://caregiversupport.unitedwaynnj.org	United Way of Northern New Jersey <i>Caregivers</i> <i>Coalition</i> provides information, education, resources and support to unpaid family caregivers who are caring for a parent, spouse, child, sibling, or friend with a physical or development disability, chronic illness, mental illness or issues of aging. If you provide help with chores, arranging transportation to medical appointments, or administering 24/7 personal care to a loved one you are a caregiver, and we are here for you.

# **HEALTH SERVICES**

## WELLNESS SERVICES

**Agency Contact Information** 

Programs and Services

YMCA 15 Wits End Road Hardyston, NJ 07419 973-209-9622 www.metroymcas.orgg The Sussex County YMCA has programs for infants to seniors including access to aquatic programs, cardio and strength conditioning equipment, fitness classes, sports and enrichment classes, supervised child watch and youth room, before and after school care and summer camp.

# Agency Contact Information

### **Programs and Services**

Custor County Division of Control	Emonanta Assistanto (EA)
Sussex County Division of Social	Emergency Assistance (EA)
Services	TANF/GA/SSI recipients may receive Emergency
83 Spring Street, Suite 203	Assistance (EA) in certain situations including but not
Newton, NJ 07860	limited to: essential food, clothing, shelter and
973-383-3600	household furnishings; temporary rental assistance,
www.sussex.nj.us/socialservices	back rent, back mortgage payments or utility
	payments. Please contact the Division of Social
	Services for additional details.
	Homelessness Assistance
	Those who are <i>not</i> eligible for TANF/GA/SSI may
	receive homeless assistance in certain situations
	including but not limited to: emergency shelter,
	eviction assistance, security deposit and utility
	assistance. Please contact the Division of Social
	Services for additional details.
	Boarding Homes
	Members of the community can be assisted with
	locating a boarding home as well as provided
	assistance with the application process. Please
	contact the Division of Social Services for additional
	details.
NJ Homeless Hotline	NJ211 provides 24/7 emergency shelter services to
NJ211	those in need.
Dial: 211	
Birth Haven	Birth Haven is a non-profit organization that provides
4 Academy St. Newton, NJ	shelter, support and education to homeless, pregnant
973-579-7979	women. The agency provides a safe and nurturing
www.birthhaven.org	environment in which a young mother can carry her
	unexpected pregnancy to term.

Agency Contact Information

# Programs and Services

Samaritan Inn, Inc. 901 Swartswood Road Newton, NJ 07860 973-940-8872 <u>Samaritan@nac.net</u> www.samaritaninn.org	Samaritan Inn provides temporary shelter, emergency food and community case management to "at risk" or homeless people in Sussex County. For those in need of utility assistance, Samaritan Inn staff can also assist residents with completing <i>Temporary Relief for Utility Expenses (TRUE)</i> and <i>Payment Assistance for Gas and Electric (PAGE)</i> applications.
Family Promise of Sussex County 19 Church St. Newton, NJ 07860 973-579-1180; Fax – 973-995-4518 www.familypromisesussex.org www.facebook.com/HelpNJHomeless www.instagram.com/fpsussex/ https://twitter.com/FPSussex	Family Promise of Sussex County provides wrap- around, comprehensive services to at-risk and homeless families and individuals. Program includes; emergency shelter, shelter diversion, intensive case management, homeless prevention, a homeless men's day program, rapid rehousing, and permanent supportive housing. Intensive case management services are open to all Sussex County residents at-risk or experiencing housing instability. Employment counseling, life skill training, financial counseling, money management, budgeting, and financial repair are provided to clients. Energy and Heating assistance programs are available.
DASI Safe House 24-Hour Helpline 973-875-1211 Text Line for Deaf & Hearing Impaired 973-222-2593 www.dasi.org	DASI Safe House provides emergency housing for women and children whose physical safety is at risk due to domestic/sexual violence or human trafficking. Housing is offered in a safe and confidential location without cost. Services include supportive counseling, advocacy, children's services, information and referrals.
Advance Housing, Inc. 14 Main St, Ste. 101 Sparta, NJ 07871 Contact: Dana Messick, Clinical Director 973-940-8882, x202 Fax: 973-729-0317	Advance Housing, Inc. is a Supportive Housing Cooperative serving the chronically mentally ill and homeless. Offering housing and case management services within the CSS model. Requirements include; Axis I Mental Health Diagnosis, background checks, drug free or in rehab/AA/NA, appropriateness for services as evaluated by CSS guidelines. Please contact Advanced Housing for further details.

# Agency Contact Information

### Programs and Services

Community Hope 959 Rt. 46 E. Suite 402 Parsippany, NJ 07054 855-483-8466 <u>SSVF@communityhope-nj.org</u> <u>https://www.communityhope-</u> nj.org/what-we-do/hope-for- veterans/supportive-services-for- veteran-families-ssvf/	Supportive Services for Veteran Families (SSVF) provides rapid re-housing to homeless veterans in addition to keeping veteran households from losing their housing when they are facing eviction. We assist in the housing search; provide access to emergency housing when possible in the interim; intervene with landlords; provide support and case management services that can include assistance with medical care, mental health or substance use treatment, child care, and job training. Temporary financial assistance may also be available to help with such expenses as security deposits, back rent, utility payments or bedding and household essentials.
NORWESCAP Homeless Assistance Sara Sokoloski-908-454-7000 xt118	NORWESCAP provides temporary housing assistance to households that are in imminent danger of homelessness due to rental eviction or foreclosure caused by a temporary financial situation beyond the individual's control. Please contact NORWESCAP Homeless Assistance for further details.
<b>SCARC</b> 11 US Route 206, Suite 100 Augusta, NJ 07822 973-383-7442 Fax: 973-383-8330 <u>www.scarc.org</u>	The vision of SCARC is a community of respect, equality, and dignity for people of all abilities. The mission of SCARC is to provide high quality service and supports to people with developmental disabilities and their families in Sussex County.
NORWESCAP Loan Programs 350 Marshall Street Phillipsburg, NJ 08865 908-454-7000, ext. 116 www.norwescap.org	The Family Loan Program can be used for; auto purchases, auto repair, car insurance, back rent, security deposits, child care and employment related issues. The <i>Dollars to Dream Program</i> is for working individuals with children, who want to save and receive match dollars to purchase a home, start a business or obtain higher education.

Agency Contact Information

### Programs and Services

NORWESCAP Energy Assistance	The Low-Income Home Energy Assistance Program,
Program	(LIHEAP) helps families and individuals with their
908-454-4778	energy bills. NJ's plan provides heating assistance,
www.energyassistance.nj.gov	emergency crisis assistance and medically necessary
	cooling assistance. Applications are available from
	October 1st to April 30th.
NORWESCAP Weatherization	Households eligible for Universal Services Fund (USF)
Assistance Program	or Low-Income Home Energy Assistance Program
908-454-4778	(LIHEAP) can apply for help weatherizing their homes.
www.energyassistance.nj.gov	Please visit the website for further details.
NORWESCAP Safe Housing	Service is provided for intermittent household and/or
Program	yard care to eligible older clients whose health and
908-454-7000 ext. 160	safety are threatened because they cannot perform
http://norwescap.org/help_progra	these services by themselves and/or are at risk of
<u>m_details.php?ID=23</u>	institutional placement. Work may include; security
	measures, accessibility improvements, and home
	repairs. Must be 60 years or older. Please call
	NORWESCAP for further information.
People Help of Sussex County	People Help of Sussex County provides emergency
973-729-1745	financial assistance to assist residents of Sussex County
Mon-Fri – 9am to 5pm	who are referred by another agency and have not been
Other hours by appointment	assisted in the previous twelve months. Please contact
<i>,</i>	People Help of Sussex County for further details.
Assurance Wireless	Assurance Wireless is a government provided, free cell
1-800-392-3850	phone for qualifying low-income households. The
www.assurancewireless.com	phone is mailed to you with 250 free voice minutes
	per month. Options to increase minutes/texting ability
	are available at an additional cost. Participation in any
	government program, such as: Medicaid, SNAP, SSI,
	TANF, Section 8, etc. is required. Contact Assurance
	Wireless to apply.

Agency Contact Information

#### Programs and Services

DASI Cell Phone Program	Free cell phones for victims of domestic or sexual
973-579-2386 www.dasi.org	violence that provide 911 connection.
www.dasi.org	

### Benny's Bodega

166 Spring Street Newton, NJ 07860 www.bennysbodega.com Benny's Bodega supplies basic need items such as food, clothes, hygiene products, cleaning supplies and baby supplies to those in need. The Bodega also offers limited financial and rental assistance to employed individuals and families.

OTHER SERVICES	
Ca	ase Management
Agency Contact Information	Programs and Services
Sussex County Division of Social	Adult Case Management Services
Services	The Division of Social Services provides case
83 Spring Street, Suite 203	management services to adults 60 years of age or
Newton NJ 07860	older or to those that are disabled and 18 years of age
973-383-3600 www.sussex.nj.us/socialservices	or older. Case Management Services may include but are not limited to; assistance with homemaker or
<u>www.sussex.nj.us/socialservices</u>	chore services, financial management assistance,
	prescription management assistance, medical
	coverage assistance and transportation assistance.
Project Self-Sufficiency	Individuals meet with a case manager to develop an
127 Mill St.	Individualized Action Plan that assesses their goals and
Newton NJ 07860	leads them on the path to economic sufficiency and
973-940-3500 www.projectselfsufficiency.org	family stability. This includes but is not limited to; one-on-one supportive counseling, linkages, referrals,
	information and education.
Bridgeway Rehabilitation Services	Bridgeway Rehabilitation Services offers the following
93 Stickles Pond Road	programs to people experiencing mental illness in
Newton, NJ 07860 973-383-8670	Sussex County; Partial Care, Supportive Employment,
www.bridgewayrehab.com	PATH (homelessness), Integrated Case Management Services (ICMS) and Supportive Housing.
Center for Prevention &	Center for Prevention & Counseling STAR Program –
Counseling	Sussex County residents who are 18 or over who have
61 Spring Street	an opioid use disorder are eligible for the Support
Newton, NJ 07860 973-383-4787	Team for Addiction Recovery (STAR) program. This comprehensive wrap-around program offers recovery
info@centerforprevention.org	support and case management assistance to help
www.centerforprevention.org	individuals thrive in the recover zone. There is no cost
	for this service.

OTHER SERVICES	
DOMESTIC VIOLENCE	
Agency Contact Information	Programs and Services
DASI- Domestic Violence & Sexual Assault Services 24-hour helpline - 973-875-1211 Text Line for Deaf & Hearing Impaired www.dasi.org	DASI provides comprehensive services for victims of domestic and sexual violence and human trafficking including; safe emergency housing, supportive counseling/groups, legal and social service advocacy, information and referrals, and accompaniment to some medical, legal and law enforcement proceedings. Services are free and confidential.
DASI DECIDE Program 973-271-0288	DECIDE is a 27-week educational intervention program for men who are abusive or violent with their partners. Participation may be voluntary or court-ordered. There is a sliding fee scale. An individual intake assessment is required.
DASI 24 Hour HELPLINE for Victims of Domestic and Sexual Violence and Human Trafficking 973-875-1211 Text Line for Deaf & Hearing Impaired 973-222-2593 www.dasi.org	DASI 24 Hour Helpline provides access to DASI services including emergency safe house services, information and referrals, and a supportive voice. All calls are confidential. Collect calls accepted.

OTHER SERVICES		
EMPLOYN	EMPLOYMENT AND EDUCATION	
Agency Contact Information	Programs and Services	
Sussex County Division of Social Services 83 Spring Street, Suite 203 Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	This program provides cash assistance, childcare, housing services, transportation services, and assistance of other work-related expenses to employable individuals through the Temporary Assistance for Needy Families (TANF) and General Assistance (GA) programs. Please contact the Division of Social Services for further details.	
DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org www.dawncil.org	DAWN Employment Network Services (DENS) provides consumer-directed services for people with disabilities actively seeking or considering employment. DAWN also has a 6-week wellness workshop series on how to maintain one's health while working and has school- based courses for teens/young adults to expand their employment opportunities.	
<b>Employment and Training Services</b> Sussex County Mall Route 206 North Newton, NJ 07860 <u>www.msw-jobtraining.org</u>	Employment & Training Services (ETS) provides grant funded vocational and occupational training for job seekers who have become unemployed or are under- employed. Training grants up to \$5000 for individuals meeting workforce grant eligibility can be provided. Training schools and programs can be found at <u>www.nitopps.org</u> . We also offer up to \$5,000 on-the- job training (OJT) grants. ETS is a partner of the Sussex County One-Stop Career Center.	
NORWESCAP Pathways to Prosperity 973-383-4787, ext. 255	NORWESCAP Pathways to Prosperity provides education and training to secure living wage employment by assisting with building the resources necessary to achieve and maintain financial independence.	

# OTHER SERVICES

# **EMPLOYMENT AND EDUCATION**

Agency Contact Information

Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	Project Self-Sufficiency (PSS) offers extensive career assessment, job training, job search/job placement services for teens and adults, including long/short- term training opportunities. Project Self-Sufficiency maintains state-of-the-art computer labs with computer, internet, telephone, and fax access for job seekers. New Jersey Youth Core offers a free, 16-week educational program for 16 to 25-year-old youth and young adults withdrawn from High School to obtain their High School Equivalency.
Sussex County Community College One College Hill Rd Newton, NJ 07860 973-300-2223 www.sussex.edu	Sussex County Community College continues to provide a high quality and affordable education for students in Sussex County and the surrounding area. SCCC's academic standards and commitment to students and the community helps to provide accessible educational options.
Literacy NJ-Sussex County Programs 54 High Street Newton, NJ 07860 973-300-9444 <u>bhathaway@literacynj.org</u> www.LiteracyNJ.org	Literacy NJ-Sussex provides free tutoring to adults who struggle with reading, writing and speaking English; one to one and small group instruction is available. Currently all classes are being held online; face to face classes at local libraries will resume in accordance with state guidelines.
One-Stop Career Center NJ Department of Labor Sussex County Mall Route 206 North Newton, NJ 07860 www.nj.gov/labor	The Sussex One-Stop Career Center provides education, job skills training, career planning and job search assistance to all members of the community, including businesses. Services include job search and placement assistance, labor market guidance, counseling, comprehensive assessments, individual employment plans and case management. Free access to computers, copiers and telephones is available.

OTHER SERVICES		
LEC	GAL ASSISTANCE	
Agency Contact Information	Programs and Services	
Legal Services of Northwest Jersey	LSNWJ provides free legal assistance to low-income	
18 Church St., Suite 120	people and vulnerable seniors in cases involving	
Newton, NJ 07860	essential needs including; eviction/foreclosure,	
973-383-7400/Fax - 973-383-3469	Medicaid, Medicare, Charity Care PAAD and other	
lsnwj-sussex@lsnj.org	public entitlements. LSNWJ does provide assistance	
<u>www.lsnj.org/lsnwj</u>	with matters concerning the Affordable Care Act.	
Legal Services of New Jersey	The LSNJ-LAW™ Hotline provides legal advice,	
Hotline	information and referral over the telephone to low-	
1-888-576-5529	income New Jersey residents. LSNJ-LAW helps people	
www.lsnjlawhotline.org	with civil legal problems.	
www.lsnj.org		
DASI/Domestic Abuse & Sexual	DASI provides legal advocacy services for victims of	
Assault Intervention Services	domestic and sexual violence and human trafficking	
24-hour helpline – 973-875-1211	including information and referrals, court preparation	
Text Line for Deaf & Hearing	and accompaniment to some medical, legal and law	
Impaired	enforcement proceedings. Services are free and	
973-222-2593	confidential.	
www.dasi.org		
Project Self-Sufficiency	Project Self-Sufficiency offers legal consultations with	
127 Mill St.	volunteer attorneys to income-eligible residents, as	
Newton, NJ 07860	well as educational forums in family law, bankruptcy,	
973-940-3500	landlord/tenant and elder law.	
www.projectselfsufficiency.org		
SCARC GUARDIANSHIP	SCARC Guardianship Services provides guardianship,	
SERVICES, INC.	Pro Se Legal Advocacy and Community Special Needs	
11 US Route 206, Suite 100	Trust services to individuals with intellectual and	
Augusta, NJ 07822	developmental disabilities and their families. SGS also	
973-383-5804	provides informational and Q&A forums for families to	
www.scarcguardianship.org	help them navigate getting the services they need.	

C	THER SERVICES	
INFORMATION AND REFERRAL		
Agency Contact Information	Programs and Services	
Sussex County Division of Social Services 83 Spring Street, Suite 203 Newton, NJ 07860 973-383-3600 www.sussex.nj.us/socialservices	Provides information and referrals to County wide community resources, services and providers including information on long term services and supports for seniors, adults and their caregivers.	
Sussex County Division of Senior Services Sussex County Administrative Building One Spring Street, 2 <sup>nd</sup> Floor Newton, NJ 07860 973-579-0555 www.sussex.nj.us/seniorservices seniorservices@sussex.nj.us	Specific information or assistance is provided to or on behalf of an individual age 60 plus, which will link or enable individuals to obtain available services, benefits, or entitlements. Staff at the Division of Senior Services provides assistance to clients with the application process for PAAD (Pharmaceutical Assistance to the Aged and Disabled) and the Senior Gold Program (income-based prescription drug programs) and other programs.	
Project Self-Sufficiency 127 Mill St. Newton, NJ 07860 973-940-3500 www.projectselfsufficiency.org	<ul> <li>Project Family Connect – Central Intake for Sussex</li> <li>County</li> <li>1-844-807-3500</li> <li>Provides resources and referrals for residents of all ages. Resources provided include but are not limited to; housing, transportation, mental health, childcare, food pantries, utility assistance, health/wellness, parenting education, home visitation programs, veteran assistances, senior services, addiction services and general needs assistance.</li> </ul>	
NJ211 INFORMATION HELPLINE Dial 211 www.NJ211.org	Need HELP. Start here. Dial 211. NJ211 is the place to turn when you need to find state or local health and human service resources to address urgent needs or everyday concerns. Services are free, confidential, multi-lingual, TTY accessible and available 24/7.	

# **OTHER SERVICES**

# **VOLUNTEER OPPORTUNITIES**

**Agency Contact Information** 

DAWN Center for Independent Living 66 Ford Road, Suite 121 Denville, NJ 07834 973-625-1940; Fax 973-625-1932 TTY 973-625-1932; 1-888-383-3296 info@dawncil.org	DAWN connects people with disabilities and others with resources needed (benefits, healthcare, housing, utilities, transportation, etc.,) to maintain an independent life. Provides individual consumer advocacy services and facilitates opportunities to enhance the lives of those with disabilities.
www.dawncil.org	Skylands RSVP provides opportunities for individuals
21 Pine Street, Suite 101 Rockaway, NJ 07866 973-784-4900 888-387-9830 rsvp@norwescap.org www.norwescap.org	ages 55 and over to make a difference in their community through volunteer service. Please contact NORWESCAP RSVP for further information.
Pass It Along 75 State Route 15, Unit 62 Lafayette, NJ 7849 info@passitalong.org https://passitalong.org	Pass It Along is a non-profit organization committed to helping teenagers become confident, resilient, and compassionate through self-discovery, volunteerism, and leadership programs. Pass It Along supports teenagers, providing service learning as a part of each volunteer experience, enabling a one-on-one connection with the people teenagers are helping and delivering thought provoking leadership and self- discovery workshops.
United Way of Northern New Jersey Online Volunteer Portal <u>https://unitedwaynnj.galaxydigital.c</u> om	Community Volunteer Opportunities <u>https://unitedwaynnj.galaxydigital.com/</u> United Way of Northern New Jersey invites you to find the perfect opportunity for volunteering through our online volunteer portal. Search for a variety of volunteer opportunities based on your interests, skills, group, and location. Register your organization to provide volunteer opportunities on our portal.

# OTHER SERVICES

## **VOLUNTEER OPPORTUNITIES**

**Agency Contact Information** 

#### **Programs and Services**

Family Promise of Sussex County 19 Church St. Newton, NJ 07860 973-579-1180; Fax – 973-995-4518 www.familypromisesussex.org www.facebook.com/HelpNJHomeless www.instagram.com/fpsussex/ https://twitter.com/FPSussex

Family Promise of Sussex County recognizes and embraces the body and spirit of our volunteer community. Whether you volunteer to build your skills, help others, or to enhance tolerance across groups and sectors, the outcome is always a win- win for all. Aside from the psychological and emotional rewards, volunteerism lays the groundwork for a robust civil society, one in which collectivism and group ties continuously nurture the initiative of charity. The act of giving reaffirms relationships among community members and helps create an environment conducive to unity and utility. Bearing in mind this observation, it behooves us then as an agency and as individuals to always be reminded of the power of volunteerism and its celebrated impact. Family Promise of Sussex County has many volunteer opportunities. Please call for more information.

# **TRANSPORTATION SERVICES**

### Agency Contact Information

Skylands Ride Sussex County Office of Transit 201 Wheatsworth Rd., 1 <sup>st</sup> Floor Hamburg, NJ 07419 973-579-0480, press 1 www.sussex.nj.us/transit	Skylands Ride, Sussex County's transit system, provides public transportation on Skylands Connect as well as trips to medical appointments, work, nutrition sites, shopping and recreation via Skylands Request. Please visit their website for additional routes and transportation options.
Catholic Family & Community Services 48 Wyker Rd, Franklin, NJ 07416 973-209-0123 www.catholicharities.org	Catholic Family & Community Services provides transportation for functionally impaired or isolated older clients, allowing them to utilize community facilities and services, such as banks, stores, medical resources, and other necessities.
Modivcare Where's my ride line 866-527-9934 Complaint Line 866-333-1735 www.modivcare.com	Modivcare provides certain types of non-emergency medical transportation in New Jersey to Medicaid recipients. Appointments required.
NJ Find A Ride www.njfindaride.org	NJ Find A Ride provides accessible transportation options for people with disabilities and others in NJ that do not have convenient, reliable access to transportation.
<b>Byram Township Senior Citizen</b> <b>Transportation Van</b> 973-347-2500 ext. 160	Free transportation service for Byram seniors. Please contact the Byram Township Municipal Building at 973-347-2500 extension 160 for more information.
Hopatcong Senior Transportation 973-770-1200 option 4	Free transportation service for Hopatcong seniors. Please contact the Hopatcong Senior Center at the number above for further details.

# **TRANSPORTATION SERVICES**

### Agency Contact Information

Town of Newton Senior Shuttle	Free transportation service for Newton seniors over
973-383-3521	55 years of age is available Monday thru Saturday.
http://www.newtontownhall.com/1	First time riders are encouraged to call the Office of
80/Senior-Services	Community Development but reservations are not
	required. The bus services many of the residential
	complexes as well as local hospital, grocery and retail
	sites. A complete list of stops and service times can be
	found at the site listed above.